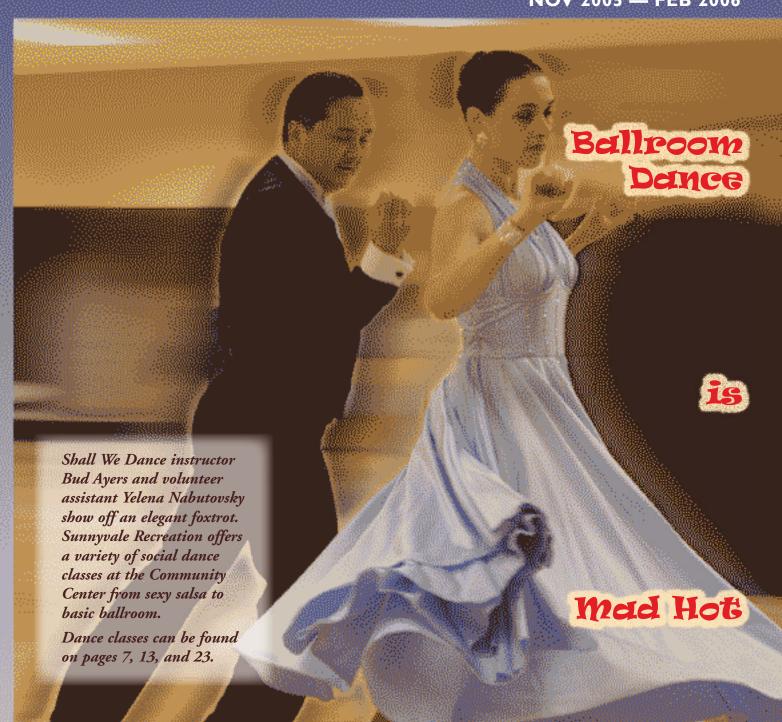


Evenings of Cultural Arts'
15th Anniversary Season!
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# Activity Guide

**NOV 2005 — FEB 2006** 



# something new is coming ...

# ... and it's going to be great!

To Our Valued Sunnyvale Parks and Recreation Customers:

The City of Sunnyvale Department of Parks and Recreation is pleased to announce a new class registration and facility reservation system. With the introduction of this new system, we're launching our *Sunnyvale Advantage* program. The *Sunnyvale Advantage* program gives Sunnyvale residents priority registration and reservation services, as well as discounted fees for recreation classes and facility reservations. If you are a permanent resident of the City of Sunnyvale and you would like to receive these benefits, here are the easy steps to get you and your family registered for *Sunnyvale Advantage*:

**STEP 1** Please present an ID with your name and Sunnyvale address from the list below:

- California Driver's License\*
- California Identification card\*, or
- Utility bill\*
- If you do not have any of the above IDs, please contact us about other acceptable ways to confirm your residency status

### **STEP 2** Download and complete a Customer Account Information Form from:

http://recreation-signup.inSunnyvale.com We will need one form for each adult over 18. Photocopies are just fine.

STEP 3 Beginning October 1st, bring in, mail or fax your completed form(s) to

Drop off: Recreation Center Building in the Community Center

Mail to: Sunnyvale Parks and Recreation Department 550 East Remington Drive Sunnyvale, CA 94087

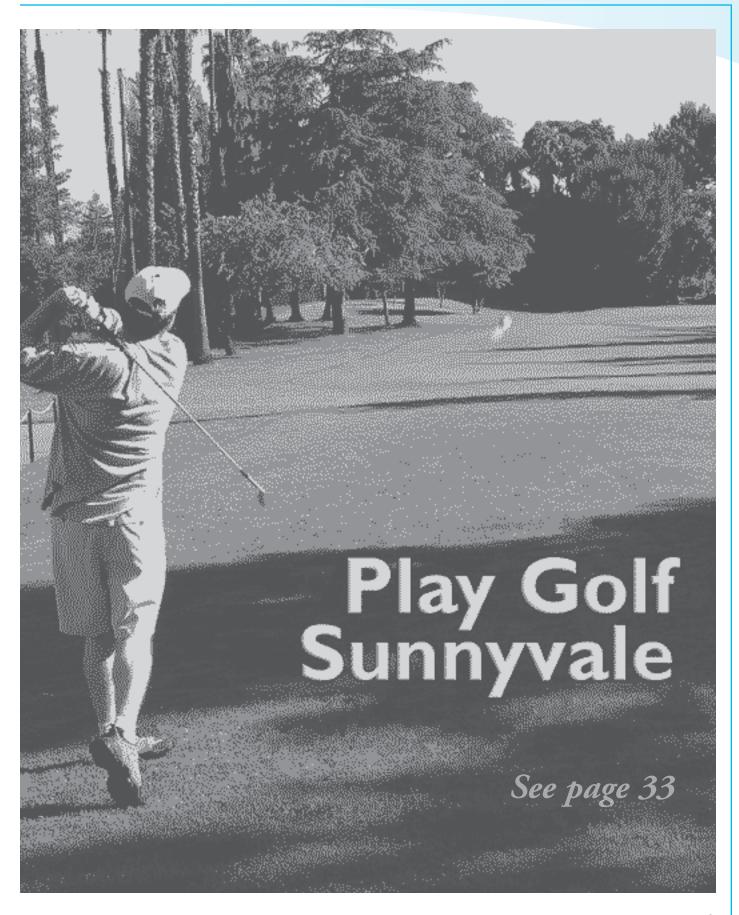
Fax to: (408) 730-7754

Thank You! Please let us know if you have any questions or comments by calling (408) 730-7350 or

e-mailing us at recreation@ci.sunnyvale.ca.us

<sup>\*</sup> Additional ID showing your name and current address (payroll stub, rental agreement, voter registration card, etc.) may be required in some instances.

<sup>&</sup>quot;Sunnyvale Parks and Recreation—at your service."



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* Please note that many courses enco	mpass more
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### At The Beginning

### Wiggle Worms (9-18months)

Participate with your baby one day a week enjoying their first experience in a pre-school class. There will be movement activities, songs and singing and free play. Our teacher will provide encouragement and assistance. No unregistered children, please.

Instructor: Staff Location: Serra Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1000.601	9-18mths	10/31-12/12	M	10:00am-11:00am	\$55/\$63
1000.602	9-18mths	11/2-12/14		10:00am-11:00am	\$55/\$63
1000.101	9-18mths	1/9-2/13	M*	10:00am-11:00am	\$39/\$45
1000.102	9-18mths	1/11-2/22	W	10:00am-11:00am	\$55/\$63

<sup>\*</sup>No class 1/16

### Parent/Tot Playschool (18-36months)

Participate with your toddler one day a week, singing, playing games, engaging in free play, stories and craft creations. No unregistered children please.

Instructor: Vivian Kim

Class #	Age	Dates	Day	Time	Fee (Res/NR)	
Location:	Las Palmas	Park				
1001.602	18-36mths	11/1-12/13	Tu	9:30am-11:00am	\$84/\$90	
1001.102	18-36mths	1/10-2/21	Tu	9:30am-11:00am	\$84/\$90	
Location:	Ortega Parl	<				
1001.603	18-36mths	10/31-12/12	M	9:30am-11:00am	\$84/\$90	
1001.604	18-36mths	11/2-12/14	W	9:30am-11:00am	\$84/\$90	
1001.103	18-36mths	1/9-2/13	M*	9:30am-11:00am	\$60/\$64	
1001.104	18-36mths	1/11-2/22	W	9:30am-11:00am	\$84/\$90	
Location: Ponderosa Park						
1001.601	18-36mths	11/3-12/15	Th*	9:30am-11:00am	\$72/\$77	
1001.101	18-36mths	1/5-2/23	Th	9:30am-11:00am	\$96/\$103	
*No class 11/24, 1/16						

### **Tiny Tots** (3-5years)

Designed to introduce children to their first experience in a structured environment. Provides an opportunity for sharing and playing with other children. Activities include indoor and outdoor play, arts and crafts, story telling and music movement.

Children must be toilet trained. Proof of birth date required at first class. Children must be 3 years old by first class of the session.

Instructor: S	Staff				
Class #	Age	Dates	Day	Time	Fee (Res/NR)
Location: L	as Palm	as Park			
1002.601	3-5	10/31-12/16	MWF*	9:30am-11:30am	\$236/\$263
1002.101	3-5	1/6-2/24	MWF*	9:30am-11:30am	\$236/\$263
Location: Po	onderos	a Park			
1002.603	3-5	10/31-12/16	MWF*	9:30am-11:30am	\$236/\$263
1002.103	3-5	1/6-2/24	MWF*	9:30am-11:30am	\$236/\$263
Location: Se	erra Par	k			
1002.604	3-5	11/1-12/15	TuTh*	9:30am-11:30am	\$154/\$171
1002.104	3-5	1/5-2/23	TuTh	9:30am-11:30am	\$177/\$197
*No class 11/24	1, 11/25, 1	/16, 2/20			

Learn, then teach SIGNING to your baby-please see page 28! (These classes were added just prior to the guide going to press.)

### **Pre-K Readiness** (4-5years)

This program will provide the older Tiny Tot with more individualized attention with focus on letters, numbers, and motor development. The goal of the program in conjunction with the Tiny Tot program, is designed to prepare your child for Kindergarten.

Instructor: Staff

Class #	Age	Dates	Day	Time	Fee (Res/NR)			
Location: La	Location: Las Palmas Park							
1003.603	4-5	10/31-12/16	MWF*	8:30am-9:30am	\$120/\$135			
1003.103	4-5	1/6-2/24	MWF*	8:30am-9:30am	\$120/\$135			
Location: Po	nderosa P	ark						
1003.601	4-5	10/31-12/16	MWF*	8:30am-9:30am	\$120/\$135			
1003.101	4-5	1/6-2/24	MWF*	8:30am-9:30am	\$120/\$135			
Location: Serra Park								
1003.602	4-5	11/1-12/15	TuTh*	8:30am-9:30am	\$78/\$88			
1003.102	4-5	1/5-12/23	TuTh	8:30am-9:30am	\$90/\$101			
1003.101 <b>Location</b> : Ser 1003.602	4-5 rra Park 4-5 4-5	1/6-2/24 11/1-12/15 1/5-12/23	TuTh*	8:30am-9:30am 8:30am-9:30am	\$120/\$135 \$78/\$88			

<sup>\*</sup>No class 11/24, 11/25, 1/16, 2/20

### Arts & Crafts

### **Brilliant Blossoms** (4-8years)

Explore the vibrant gardens of Monet, as well as the works of O'Keefe, Renoir, Manet, Matisse and Van Gogh. Once we're inspired by their creativity, we'll mix paints, use bold brushstrokes and make our own flowers and brilliant blossoms. Wear clothes that can get messy. Please bring a snack. Parents are welcome to participate. A non-refundable \$7 supply fee will be collected in class. Fees for one- and two-day classes are non-refundable and non-transferable.

**Instructor**: Peter Koehler

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2004.101	4-8	2/18	Sa	10:00am-12:30pm	\$42/\$47

### **Creative Crafts Parent/Child** (3-5years)

Bring your mom and dad with you to create, paint, glue, mold, glitter, cut and have a great time together. There will be new and different art projects each week. Wear clothing that can get dirty. A non refundable \$15 supply fee will be collected at first class. Fee is per child. Note: This class is designed for you and your little one to work together. Please do not bring unregistered siblings to class. Maximum of two children per adult.

Instructor: Anat Mansoor

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1114.601	3-5	11/14-12/12	M	4:00pm-5:00pm	\$47/\$57
1114.101	3-5	1/9-2/13	M*	4:00pm-5:00pm	\$47/\$57
*No class 1/16					

### Mixing Paint/Van Gogh (4-8years)

This class will introduce you to Van Gogh's personal style of creating emotion and movement through color harmonies and inspire you to make your own works of art. We'll provide you with brilliant tempera paints so you can explore the magic of color mixing. Wear clothes that can get messy, and bring a snack. Parents are welcome to participate. A non-refundable \$7 supply fee will be collected in class. Fees for oneand two-day classes are non-refundable and non-transferable.

**Instructor**: Peter Koehler

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2051.101	4-8	1/14	Sa	10:00am-12:30pm	\$42/\$47

### Monet's Garden (4-8years)

This class is based on the book "Linnea in Monet's Garden," a delightful children's book about a little girl's adventure in Giverny, France. We too will journey to Monet's Garden, and experiment with a variety of artistic materials. Wear clothes that can get messy. Bring a snack. Parents are welcome to participate. A non-refundable \$7 supply fee will be collected in class. Fees for one- and two-day classes are non-refundable and non-transferable.

Instructor: Peter Koehler

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2025.101	4-8	2/25	Sa	10:00am-12:30pm	\$42/\$47

### Solar Systems (4-8years)

Soar to the moons and planets exploring the canyons of Mars, the moons of Jupiter and the clouds of Venus. In this lively, informative, fun-filled class students make a colorful space book, art poster and create planets and moons from styrofoam and wood. A non-refundable \$12 supply fee will be collected at first class. Bring a snack and a smock. Parents are welcome to stay and participate. Fees for one- and two-day classes are non-refundable and non-transferable.

**Instructor**: Peter Koehler

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2030.601	4-8	11/12	Sa	10:00am-12:30pm	\$42/\$47

### Van Gogh's Starry Night (4-8years)

Van Gogh's art will inspire us to create our own works of art with vibrant tempera paints and vivid oil pastels. See how art can be more than just copying a picture. We'll smudge, smear and blend our own abstract/representational masterpieces. Wear clothes that can get messy, and bring a snack. Parents are welcome to participate. A non-refundable \$7 supply fee will be collected in class. Fees for one- and two-day classes are non-refundable and non-transferable.

Instructor: Peter Koehler

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2044.101	4-8	2/11	Sa	10:00am-12:30pm	\$42/\$47

### **Voyage to the Stars** (4-8years)

Did you know that the twinkling white stars in the sky are really brilliantly colored? We can't tell because they're so far away, but telescopes and cameras tell us it's true! Armed with smudgy oil pastels and splashy vibrant paints we'll explore the many wonders of the sky through photos, books, and music. Bring a smock and light snack. A non-refundable \$7 supply fee will be collected in class. Parents are welcome to participate. Fees for one- and two-day classes are non-refundable and non-transferable.

**Instructor**: Peter Koehler

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2046.601	4-8	11/19	Sa	10:00am-12:30pm	\$42/\$47

### **Dance**

All dance classes in the preschool section and many in the youth section are taught in the Theater Dance Studio by the staff of On Your Toes LLC, under director Venise Taafe and studio manager Claire Suttle. Classes taught by On Your Toes LLC are labeled with OYT after the class name. The following information applies to all OYT classes listed here and in the youth section.

#### Girls' Attire

- Leotard and tights are required for pre-ballet, ballet, tap, combo and any class that includes ballet or tap.
- Unitards or bike shorts are acceptable for jazz classes.
- For classes beginning in May and November, which culminate in a semi-formal demonstration, specific-colored leotards are required. A pink leotard is required for 4-5 classes and younger; a black leotard is required for 5-6 classes and older.

### **Boys' Attire**

- A solid-colored T-shirt and shorts or sweatpants are acceptable for all classes.
- Boys' attire for demonstrations will be discussed on an individual basis.

#### **Shoes**

- For safety reasons, all students are required to wear shoes appropriate for each class. Students will not be allowed to participate without proper shoes.
- Ballet shoes with leather soles are required for pre-ballet, ballet, combo and any combination class that includes ballet. Ballet-style bedroom slippers are not acceptable.
- Tap shoes are required for tap, combo and any class that includes tap.
- Jazz shoes are required for jazz classes and any class that includes jazz.
- For a list of South Bay stores which carry dance shoes, call the Performing Arts Coordinator at (408) 730-7725.

#### **Parent Observations**

- Parents are welcome to observe class on the final meeting of each class term.
- For all other class meetings, parents are encouraged to wait in the Dance Studio Lobby, particularly if they are concerned that their child may experience separation anxiety. Young children who become agitated will be brought to sit with their parent or caregiver in the lobby until they are ready to return to class.
- Except for parent participation classes, parents are not permitted in the studio during class.
- Semi-formal demonstrations are held in June (for classes beginning in May) and December (for classes beginning in November). Friends and family are welcome to attend demonstrations.

#### **Other Questions**

Please call the Sunnyvale Parks & Recreation Performing Arts Coordinator at (408) 730-7725, or refer to the Frequently Asked Questions flyer available in the Dance Studio Lobby.

Refunds: See our refund policy on page 46.

### Me & My Shadow (OYT) (1.5-2years)

This class is designed for a parent or caregiver to participate with the child and is especially good for children who enjoy dance, but are not ready to take a class on their own. Basic dance fundamentals will be introduced through the use of themes, props and storytelling. Fee is per child. Non-registered siblings are not permitted in the studio.

**Instructor**: OYT

Location: Theater Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1192.601	1.5-2.5	11/7-12/12	M*	9:30am-10:00am	\$43/\$49
1192.602	1.5-2.5	11/12-12/17	Sa*	9:00am-9:30am	\$43/\$49
1192.101	1.5-2	1/9-2/27	M*	9:30am-10:00am	\$51/\$59
1192.102	1.5-2.5	1/14-2/25	Sa	9:00am-9:30am	\$60/\$68
*No class 11/	21, 11/26, 1/1	6, 2/20			

Dance continued on next page >

# preschool

### Dance (cont.)

### Tiny Tots Ballet (OYT) (2-3years)

Designed for young children, this class uses props and fun music to introduce basic ballet skills.

Instructor: OYT

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
1170.601	Beg	2-3	11/7-12/12	М*	10:00am-10:30a	m \$43/\$49
1170.602	Beg	2-3	11/8-12/13	Tu*	10:00am-10:30a	m \$43/\$49
1170.603	Beg	2-3	11/9-12/14	W*	10:00am-10:30a	m \$43/\$49
1170.604	Beg	2-3	11/10-12/15	Th*	9:30am-10:00an	n \$43/\$49
1170.605	Beg	2.5-3.5	11/12-12/17	Sa*	9:30am-10:00an	n \$43/\$49
1170.101	Beg	2-3	1/9-2/27	M*	10:00am-10:30a	m \$51/\$59
1170.102	Beg	2-3	1/10-2/21	Tu	10:00am-10:30a	m \$60/\$68
1170.103	Beg	2-3	1/11-2/22	W	10:00am-10:30a	m \$60/\$68
1170.104	Beg	2-3	1/12-2/23	Th	9:30am-10:00an	n \$60/\$68
1170.105	Beg	2.5-3.5	1/14-2/25	Sa	9:30am-10:00an	n \$60/\$68

\*No class 11/21, 11/22, 11/23, 11/24, 11/26, 1/16, 2/20

### Pre-Ballet (OYT) (3-4years)

Designed especially for pre-schoolers, this class will concentrate on basic ballet techniques and coordination.

Instructor: OYT

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
1160.601	Beg	3-4	11/7-12/12	M*	10:30am-11:15an	n \$48/\$55
1160.602	Beg	3-4	11/8-12/13	Tu*	10:30am-11:15am	n \$48/\$55
1160.603	Beg	3-4	11/9-12/14	W*	10:30am-11:15am	n \$48/\$55
1160.604	Beg	3-4	11/10-12/15	Th*	10:00am-10:45an	n \$48/\$55
1160.605	Beg	3-4	11/12-12/17	Sa*	10:00am-10:45an	n \$48/\$55
1160.101	Beg	3-4	1/9-2/27	M*	10:30am-11:15am	n \$57/\$66
1160.102	Beg	3-4	1/10-2/21	Tu	10:30am-11:15am	n \$67/\$77
1160.103	Beg	3-4	1/11-2/22	W	10:30am-11:15am	n \$67/\$77
1160.104	Beg	3-4	1/12-2/23	Th	10:00am-10:45an	n \$67/\$77
1160.105	Beg	3-4	1/14-2/25	Sa	10:00am-10:45an	n \$67/\$77
*111 11	1/04 44/00	11/00 1	1/04 11/06 1/	16 2/20		

<sup>\*</sup>No class 11/21, 11/22, 11/23, 11/24, 11/26, 1/16, 2/20

### **Ballet (OYT)** (3-5years)

This class will concentrate on basic technique and positions through barre work and floor combinations.

Instructor: OYT

\*No class 11/22

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2120.601	Beg	3-4	11/8-12/13	Tu*	2:45pm-3:30pm	\$48/\$55
2120.602	Beg	4-5	11/8-12/13	Tu*	3:30pm-4:15pm	\$48/\$55
2120.101	Beg	3-4	1/10-2/27	Tu	2:45pm-3:30pm	\$57/\$66
2120.102	Beg	4-5	1/10-2/27	Tu	3:30pm-4:15pm	\$57/\$66

### **Ballet/Tap (OYT)** (3-5years)

In this class dancers will learn basic tap steps and terminology, as well as ballet techniques and positions. Both ballet and tap shoes required.

Instructor: OYT

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2124.601	Beg	3-5	11/9-12/14	W*	11:15am-12:00pm	\$48/\$55
2124.602	Beg	3-4	11/12-12/17	Sa*	10:45am-11:30am	\$48/\$55
2124.101	Beg	3-5	1/11-2/22	W	11:15am-12:00pm	\$67/\$77
2124.102	Beg	3-4	1/14-2/25	Sa	10:45am-11:30am	\$67/\$77

\*No class 11/23, 11/26

### Combo (OYT) (3-5years)

This popular class includes fundamentals of Ballet, Tap, Creative Dance and Jazz. For this class, we do require students to have both ballet and tap shoes.

Instructor: OYT

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2126.601	Beg/Int	3-4	11/9-12/14	W*	3:15pm-4:00pm	\$48/\$55
2126.602	Beg	3-4	11/10-12/15	Th*	10:45am-11:30a	m \$48/\$55
2126.603	Beg	3-4	11/10-12/15	Th*	2:45pm-3:30pm	\$48/\$55
2126.604	Beg	4-5	11/12-12/17	Sa*	11:30am-12:15p	m \$48/\$55
2126.101	Beg/Int	3-4	1/11-2/22	W	3:15pm-4:00pm	\$67/\$77
2126.102	Beg	3-4	1/12-2/23	Th	10:45am-11:30a	m \$67/\$77
2126.103	Beg	3-4	1/12-2/23	Th	2:45pm-3:30pm	\$67/\$77
2126.104	Beg	4-5	1/14-2/25	Sa	11:30am-12:15p	m \$67/\$77
*No class 1	1/23, 11/24,	11/26				

### Jazz & Tap (OYT) (4-5years)

This popular class includes fundamentals of Ballet, Tap, Creative Dance and Jazz. For this class, we do require students to have both ballet and tap shoes.

Instructor: OYT

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2158.601	Beg	4-5	11/10-12/15	Th*	11:30am-12:15p	m \$48/\$55
2158.101	Beg	4-5	1/12-2/23	Th	11:30am-12:15p	

\*No class 11/24

### Jump & Jive For Boys (OYT) (3-5years)

Finally, a movement class just for boys. Learn various genres of movement, all with a boyish spin. Make up dances based on your favorite activities and much more. This is a great class for athletes who want to improve their coordination and flexibilty.

**Instructor**: OYT

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2118.601	Beg	3-5	11/8-12/13	Tu*	11:15am-12:00pm	\$48/\$55
2118.101	Beg	3-5	1/10-2/21	Tu	11:15am-12:00pm	\$67/\$77

\*No class 11/22

### **Music**

### Music Together (birth-4years)

This fun parent-child music appreciation class encourages families to make music at home and helps develop music skills in very young children. Participants sing songs of many cultures, chant, clap, dance and play with percussion instruments such as tambourines, drums, bells and castanets. Through guided musical play, children learn to imitate tonal patterns and rhythms, and parents discover how best to encourage musical development, based on their own child's learning style. Non-refundable lab fee of \$35 per family due to instructor at first class meeting. Lab fee include professionally recorded CD and cassette with 25 songs used in class, illustrated songbook, Parents Guide to Music Development booklet, and *Music Together* newsletter.

**Instructor**: Music Together

**Location**: Meeting Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1320.101	birth-4	1/9-3/13	M*	9:30am-10:15am	\$117/\$132
1320.102	birth-4	1/9-3/13	M*	10:30am-11:15am	\$117/\$132
1320.103	birth-4	1/9-3/13	M*	11:30am-12:15pm	\$117/\$132
1320.104	birth-4	1/10-3/14	Tu	9:30am-10:15am	\$146/\$165
1320.105	birth-4	1/10-3/14	Tu	5:45pm-6:30pm	\$146/\$165
1320.106	birth-4	1/10-3/14	Tu	10:30am-11:15am	\$146/\$165
1320.107	birth-4	1/10-3/14	Tu	11:30am-12:15pm	\$146/\$165
1320.108	birth-4	1/10-3/14	Tu	3:45pm-4:30pm	\$146/\$165
1320.109	birth-4	1/10-3/14	Tu	4:45pm-5:30pm	\$146/\$165
1320.110	birth-4	1/11-3/15	W	9:30am-10:15am	\$146/\$165
1320.111	birth-4	1/11-3/15	W	10:30am-11:15am	\$146/\$165
1320.112	birth-4	1/11-3/15	W	11:30am-12:15pm	\$146/\$165
1320.113	birth-4	1/12-3/16	Th	9:30am-10:15am	\$146/\$165
1320.114	birth-4	1/12-3/16	Th	10:30am-11:15am	\$146/\$165
1320.115	birth-4	1/12-3/16	Th	11:30am-12:15pm	\$146/\$165
1320.116	birth-4	1/7-3/11	Sa	10:00am-10:45am	\$146/\$165
1320.117	birth-4	1/7-3/11	Sa	11:00am-11:45am	\$146/\$165
*No class 1/16	2/20				

### **Sports & Fitness**

### Chang Tai Do Karate I (4-7years)

Introduction to Chang Tai Do Karate. Teaching proper stretching, basic blocks, punches, kicks, strikes, body parts and what to do to fend off an attacker. Children's natural curiosity and playfulness combined with basic Karate drills help develop coordination, mental focus, and alertness. A great way to learn discipline, respect, self-confidence, help release excess energy and prepare students for future, more structured classes. Uniform, equipment, testing and private lessons are additional fees. Uniform required after first class.

**Instructor**: John Chang **Location**: Ponderosa Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)	
3804.601	Beg	4-7	11/1-12/16	TuF*	5:30pm-6:00pm	\$74/\$84	
3804.101	Beg	4-7	1/3-2/24	TuF	5:30pm-6:00pm	\$90/\$100	
*No class 11/25							

### Chang Tai Do Karate II (4-7years)

Returning students will continue practice proper stretching, basic blocks, punches, kicks, strikes, body parts and what to do to fend off an attacker with added on material. Students will be learning a little bit of history, culture, terminology and etiquette of Chang Tai Do Karate. Students will learn proper stretching, basic blocks, punches, kicks, strikes, self defense, and form (kata). Uniform required after first class.

**Instructor**: John Chang **Location**: Ponderosa Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3804.602	Int/Adv	4-7	11/1-12/16	TuF*	6:00pm-6:30pm	\$74/\$84
3804.102	Int/Adv	4-7	1/3-2/24	TuF	6:00pm-6:30pm	\$90/\$100
*No class 1	1/25					

### FTSA Sports Parent & Child (1.5-3years)

Specifically designed to encourage young children to get interested and involved in a variety of sports. Starting with light aerobics, children will learn skills in basketball, T-ball, hockey and soccer. The emphasis will be placed on helping kids with their gross motor skills, hand eye coordination and socialization with other children. This class is parent participation. All equipment will be provided; participants will need loose, comfortable clothing and proper athletic footwear (No black soled shoes)

**Instructor**: FTSA

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1511.601	1.5-2	11/8-12/13	Tu	10:30am-11:00am	\$65/\$72
1511.602	2.5-3	11/4-12/16	F*	10:30am-11:00am	\$65/\$72
1511.101	1.5-2	1/10-2/21	Tu	10:30am-11:00am	\$75/\$84
1511.102	2.5-3	1/13-2/24	F	10:30am-11:00am	\$75/\$84
*No class 11/2	25				

#### FTSA T-Ball (4-6years)

Kids will be taught skills in hitting, base running, throwing and catching. Fun Tyme Sports Academy (FTSA) uses safety balls and bats. Kids will need to bring their own baseball gloves. Please bring sunscreen (sun protection) and a water bottle.

Instructor: FTSA

Location: Washington Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1515.601	4-6	11/5-12/17	Sa	10:00am-10:55am	\$76/\$84
1515.101	4-6	1/7-2/25	Sa	10:00am-10:55am	\$86/\$96

Sports & Fitness continued on next page >

# preschool

### Sports & Fitness (cont.)

### FTSA Short Sport (4-6years)

Just like our motto says, "Kids have fun while learning sports skills." Each child will learn skills in various sports such as basketball, volleyball, T-ball and soccer incorporated with aerobics. They will also develop team strategies through games in a physical education class setting.

**Instructor**: FTSA

**Location**: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1507.601	4-6	11/8-12/13	Tu	3:00pm-3:45pm	\$69/\$78
1507.101	4-6	1/10-2/21	Tu	3:00pm-3:45pm	\$81/\$91

### FTSA Mini Basketball (4-6years)

Designed to work on all fundamentals of the game: dribbling, shooting, passing, defense and rebounding. It is devoted exclusively to instruction and skill development, giving players the opportunity to focus on their technical fundamental training and team play. Bring basketball shoes (black soled shoes not allowed).

Instructor: FTSA

Location: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
1516.601	Beg	4-6	11/7-12/12	М	3:00pm-3:45pm	\$74/\$86
1516.101	Beg	4-6	1/9-2/27	M*	3:00pm-3:45pm	\$74/\$86

\*No class 1/16, 2/20

### FTSA Mini-Mega Outdoor Sports (4-6years)

Designed to teach skills in various outdoor sports such as flag football, soccer, and baseball/softball in a physical education setting incorporated with aerobics. A different sport will be taught every week, with the final week ending with our Fun Tyme Skill Challenges. Bring sunscreen, hat and a water bottle to class.

**Instructor**: FTSA

**Location**: Washington Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1509.601	4-6	11/4-12/16	F*	3:00pm-3:45pm	\$65/\$72
1509.602	4-6	11/5-12/17	Sa	11:00am-11:55am	\$76/\$84
1509.101	4-6	1/13-2/24	F	3:00pm-3:45pm	\$76/\$84
1509.102	4-6	1/7-2/25	Sa	11:00am-11:55am	\$86/\$96

\*No class 11/25

### **Gymnastics Parent & Tot\*** (18months-3years)

Basic movement classes structured around gymnastics activities for your children that are not quite ready to go it alone. Parents are required to participate and should be dressed appropriately for activity. No other children are allowed in the facility during class. One child per parent please. Fee per pair.

Instructor: California Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
Location	: Preschool F	Room in the R	Recreatio	n Center	
3814.601	18mos-3yrs	10/25-12/13	Tu	10:00am-10:45am	\$84/\$94
3814.605	18mos-3yrs	10/27-12/15	Th*	9:00am-9:45am	\$74/\$84
3814.602	18mos-3yrs	10/27-12/15	Th*	10:00am-10:45am	\$74/\$84
3814.608	18mos-3yrs	10/28-12/16	F*	5:30pm-6:15pm	\$74/\$84
3814.603	18mos-3yrs	10/29-12/17	Sa*	9:00am-9:45am	\$74/\$84
3814.101	18mos-3yrs	1/3-2/21	Tu	10:00am-10:45am	\$84/\$94
3814.105	18mos-3yrs	1/5-2/23	Th	9:00am-9:45am	\$84/\$94
3814.102	18mos-3yrs	1/5-2/23	Th	10:00am-10:45am	\$84/\$94
3814.108	18mos-3yrs	1/6-2/24	F	5:30pm-6:15pm	\$84/\$94
3814.103	18mos-3yrs	1/7-2/25	Sa	9:00am-9:45am	\$84/\$94
Location	: Raynor Act	ivity Center			
3814.604	18mos-3yrs	10/26-12/14	W	10:00am-10:45am	\$84/\$94
3814.606	18mos-3yrs	10/28-12/16	F*	10:00am-10:45am	\$74/\$84
3814.607	18mos-3yrs	10/29-12/17	Sa*	10:00am-10:45am	\$74/\$84
3814.104	18mos-3yrs	1/4-2/22	W	10:00am-10:45am	\$84/\$94
3814.106	18mos-3yrs	1/6-2/24	F	10:00am-10:45am	\$84/\$94
3814.107	18mos-3yrs	1/7-2/25	Sa	10:00am-10:45am	\$84/\$94

\*No class 11/24, 11/25, 11/26

\*See note bottom of this page

<sup>\*</sup> We love our parents, but...with your child's best interest in mind, we ask that parents not remain in the gym after the class begins. Our instructors have found that the quality of instruction is often affected by parent and sibling distractions and interruptions. We feel it is most beneficial for children to have the recreational time with their peers. Also, in order to provide the best learning environment, children must be toilet-trained. Thank you for your cooperation.

### **Gymnastics Tiny/Tumble Tots\*** (3-5years)

An introduction to creative movement, organized circuit play, and all gymnastic equipment. Instructors will lead a warm-up, then rotate groups around events or circuits so that students may learn their movements and positions. Tumble Tots (4-5years) is similar to Tiny Tots (3-4years), but provides a more challenging environment for older students. Parents are not allowed to stay in the facility.

Instructor: California Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)	Class #	Age	Dates	Day	Time	Fee (Res/NR)
		Room in the R	Recreation					Room in the F			
3812.601	3-4	10/24-12/12	М	6:30pm-7:15pm	\$84/\$94	3812.101	3-4	1/2-2/20	M*	6:30pm-7:15pm	\$74/\$84
3812.602	3-4	10/25-12/13	Tu	9:00am-9:45am	\$84/\$94	3812.102	3-4	1/3-2/21	Tu	9:00am-9:45am	\$84/\$94
3812.603	3-4	10/25-12/13	Tu	5:30pm-6:15pm	\$84/\$94	3812.103	3-4	1/3-2/21	Tu	5:30pm-6:15pm	\$84/\$94
3812.604	3-4	10/26-12/14	W	9:00am-9:45am	\$84/\$94	3812.104	3-4	1/4-2/22	W	9:00am-9:45am	\$84/\$94
3812.605	3-4	10/26-12/14	W	11:00am-11:45am	\$84/\$94	3812.105	3-4	1/4-2/22	W	11:00am-11:45am	\$84/\$94
3812.606	3-4	10/26-12/14	W	6:30pm-7:15pm	\$84/\$94	3812.106	3-4	1/4-2/22	W	6:30pm-7:15pm	\$84/\$94
3812.607	3-4	10/27-12/15	Th*	4:30pm-5:15pm	\$74/\$84	3812.107	3-4	1/5-2/23	Th	4:30pm-5:15pm	\$84/\$94
3812.608	3-4	10/27-12/15	Th*	5:30pm-6:15pm	\$74/\$84	3812.108	3-4	1/5-2/23	Th	5:30pm-6:15pm	\$84/\$94
3812.609	3-4	10/28-12/16	F*	9:00am-9:45am	\$74/\$84	3812.109	3-4	1/6-2/24	F	9:00am-9:45am	\$84/\$94
3812.610	3-4	10/28-12/16	F*	11:00am-11:45am	\$74/\$84	3812.110	3-4	1/6-2/24	F	11:00am-11:45am	\$84/\$94
3812.644	3-4	10/28-12/16	F*	4:30pm-5:15pm	\$74/\$84	3812.144	3-4	1/6-2/24	F	4:30pm-5:15pm	\$84/\$94
3812.611	3-4	10/29-12/17	Sa*	10:00am-10:45am	\$74/\$84	3812.111	3-4	1/7-2/25	Sa	10:00am-10:45am	\$84/\$94
3812.620	4-5	10/24-12/12	M	2:30pm-3:15pm	\$84/\$94	3812.120	4-5	1/2-2/20	M*	2:30pm-3:15pm	\$74/\$84
3812.621	4-5	10/24-12/12	М	4:30pm-5:15pm	\$84/\$94	3812.121	4-5	1/2-2/20	M*	4:30pm-5:15pm	\$74/\$84
3812.622	4-5	10/25-12/13	Tu	11:00am-11:45am	\$84/\$94	3812.122	4-5	1/3-2/21	Tu	11:00am-11:45am	\$84/\$94
3812.623	4-5	10/25-12/13	Tu	3:30pm-4:15pm	\$84/\$94	3812.123	4-5	1/3-2/21	Tu	3:30pm-4:15pm	\$84/\$94
3812.624	4-5	10/25-12/13	Tu	6:30pm-7:15pm	\$84/\$94	3812.124	4-5	1/3-2/21	Tu	6:30pm-7:15pm	\$84/\$94
3812.625	4-5	10/26-12/14	W	10:00am-10:45am	\$84/\$94	3812.125	4-5	1/4-2/22	W	10:00am-10:45am	\$84/\$94
3812.627	4-5	10/26-12/14	W	2:30pm-3:15pm	\$84/\$94	3812.127	4-5	1/4-2/22	W	2:30pm-3:15pm	\$84/\$94
3812.626	4-5	10/26-12/14	W	4:30pm-5:15pm	\$84/\$94	3812.126	4-5	1/4-2/22	W	4:30pm-5:15pm	\$84/\$94
3812.628	4-5	10/27-12/15	Th*	11:00am-11:45am	\$74/\$84	3812.128	4-5	1/5-2/23	Th	11:00am-11:45am	\$84/\$94
3812.629	4-5	10/27-12/15	Th*	3:30pm-4:15pm	\$74/\$84	3812.129	4-5	1/5-2/23	Th	3:30pm-4:15pm	\$84/\$94
3812.630	4-5	10/27-12/15	Th*	6:30pm-7:15pm	\$74/\$84	3812.130	4-5	1/5-2/23	Th	6:30pm-7:15pm	\$84/\$94
3812.631	4-5	10/28-12/16	F*	10:00am-10:45am	\$74/\$84	3812.131	4-5	1/6-2/24	F	10:00am-10:45am	\$84/\$94
3812.632	4-5	10/29-12/17	Sa*	11:00am-11:45am	\$74/\$84	3812.132	4-5	1/7-2/25	Sa	11:00am-11:45am	\$84/\$94
Location:	Ravnor A	ctivity Center				Location: Ra	avnor A	ctivity Center			
3812.613	3-4	10/26-12/14	W	9:00am-9:45am	\$84/\$94	3812.113	3-4	1/4-2/22	W	9:00am-9:45am	\$84/\$94
3812.642	3-4	10/26-12/14	W	1:00pm-1:45pm	\$84/\$94	3812.142	3-4	1/4-2/24	W	1:00pm-1:45pm	\$84/\$94
3812.640	3-4	10/26-12/14	W	2:00pm-2:45pm	\$84/\$94	3812.140	3-4	1/4-2/24	W	2:00pm-2:45pm	\$84/\$94
3812.643	3-4	10/28-12/16	F	1:00pm-1:45pm	\$74/\$84	3812.143	3-4	1/6-2/24	F	11:00am-11:45am	\$84/\$94
3812.616	3-4	10/28-12/16	F	11:00am-11:45am	\$74/\$84	3812.116	3-4	1/6-2/24	F	1:00pm-1:45pm	\$84/\$94
3812.617	3-4	10/29-12/17	Sa*	9:00am-9:45am	\$74/\$84	3812.117	3-4	1/7-2/25	Sa	9:00am-9:45am	\$84/\$94
3812.614	4-5	10/26-12/14	W	11:00am-11:45am	\$84/\$94	3812.114	4-5	1/4-2/22	W	11:00am-11:45am	\$84/\$94
3812.615	4-5	10/28-12/16	F*	9:00am-9:45am	\$74/\$84	3812.115	4-5	1/6-2/24	F	9:00am-9:45am	\$84/\$94
3812.641	4-5	10/28-12/16	F*	2:00pm-2:45pm	\$74/\$84	3812.141	4-5	1/6-2/24	F	2:00pm-2:45pm	\$84/\$94
3812.639	4-5	10/29-12/17	Sa*	11:00am-11:45am	\$74/\$84	3812.139	4-5	1/7-2/25	Sa	11:00am-11:45am	\$84/\$94
*No class 11/	/24, 11/25, 11	1/26				*No class 1/16					
	. ,										

\*See note bottom of page 12

### **Happy Hawks** (2.5-3years)

Hawk Solutions Happy Hawks program is for mommy or daddy and the child. Happy Hawks introduces the family to the beginning stages of sports development. Our focus remains on creating a positive and fun environment in sports while the children fine-tune their motor skills. The parent will participate with the child while we cover kicking, throwing and catching. Age-appropriate games and equipment will be used! Our staff is committed to creating a positive introduction to sports. Participant-to-coach ratio is approximately 10:1.

**Instructor**: Hawk Solutions **Location**: Washington Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
6506.601	2.5-3	11/17-12/15	Th*	10:00am-10:30am	\$30/\$42
6506.101	2.5-3	1/26-3/9	Th*	10:00am-10:30am	\$45/\$57

<sup>\*</sup>No class 11/24, 2/23

### **Tiny Hawks** (4-5years)

\*See note bottom of page 12

Hawk Solutions Tiny-Hawk program for 4 to 5 year olds help children fine-tune their motor skills in a safe and active environment. No pressure, just lots of fun while these little athletes learn the basics of sports through unique games. Age-appropriate games and equipment will be used! Our staff is committed to creating a positive introduction to sports. Participant-to-coach ratio is approximately 8:1.

**Instructor**: Hawk Solutions **Location**: Washington Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
6507.601	4-5	11/17-12/15	Th*	10:45am-11:30pm	\$35/\$47
6507.101	4-5	1/26-3/9	Th*	10:45am-11:30am	\$50/\$62
*No class 11/2	24. 2/23				

Sports & Fitness continued on next page >

# preschool/youth

### Sports & Fitness (cont.)

### **Kidz Love Soccer Mommy/Daddy and Me** (2-3.5years)

Introduce yourself and your toddler to the "World's Most Popular Game!" As you and your child participate in our fun, age appropriate activities, your child will be developing his/her large motor skills and socialization skills. Various activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer you won't have to watch from the sidelines. Note: During questionable weather, please call 1-800-871-2275 one hour before classes (or by 6pm) for class information.

**Instructor**: KLS

Location: Las Palmas Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
3818.601	2-3.5	11/4-12/9	F*	9:00am-9:30am	\$47/\$57
3818.602	2-3.5	11/4-12/9	F*	9:30am-10:00am	\$47/\$57
3818.101	2-3.5	1/13-2/17	F	9:00am-9:30am	\$57/\$67
3818.102	2-3.5	1/13-2/17	F	9:30am-10:00am	\$57/\$67
*No class 11/25					

### Kidz Love Soccer (3.5-5years)

These classes offer a non-competitive environment for children to learn and play the "World's Most Popular Sport." Children will learn different skills according to age. We encourage large motor development through soccer skills and introduce small children to a group setting. They will learn basic techniques of the game and build self-esteem. Small sided soccer games will be played at every class. Shin guards are required after the first meeting. Note: During questionable weather, please call 1-800-871-2275 one hour before classes (or by 6pm) for class information.

### **Instructor**: KLS

instructor	KLS				
Class #	Age	Dates	Day	Time	Fee (Res/NR)
Location: (	Cupertino	Middle Schoo	ol		
3819.608	3.5-4	11/1-12/6	Tu	6:00pm-6:30pm	\$57/\$67
3819.609	4-5	11/1-12/6	Tu	6:30pm-7:05pm	\$57/\$67
3819.108	3.5-4	1/10-2/14	Tu	6:00pm-6:30pm	\$57/\$67
3819.109	4-5	1/10-2/14	Tu	6:30pm-7:05pm	\$57/\$67
Location: 1	Las Palma	s Park			
3819.605	4-5	11/1-12/6	Tu	10:15am-10:50am	\$57/\$67
3819.606	3.5-4	11/1-12/6	Tu	10:50am-11:20am	\$57/\$67
3819.607	4-5	11/1-12/6	Tu	2:40pm-3:15pm	\$57/\$67
3819.105	4-5	1/10-2/14	Tu	10:15am-10:50am	\$57/\$67
3819.106	3.5-4	1/10-2/14	Tu	10:50am-11:20am	\$57/\$67
3819.107	4-5	1/10-2/14	Tu	2:40pm-3:15pm	\$57/\$67
Location: S	Serra Park	:			
3819.601	4-5	11/7-12/12	M	10:15am-10:50am	\$57/\$67
3819.602	3.5-4	11/7-12/12	M	10:50am-11:20am	\$57/\$67
3819.603	4-5	11/7-12/12	M	2:40pm-3:15pm	\$57/\$67
3819.604	3.5-4	11/7-12/12	M	4:45pm-5:15pm	\$57/\$67
3819.101	4-5	1/9-2/13	М	10:15am-10:50am	\$57/\$67
3819.102	3.5-4	1/9-2/13	M	10:50am-11:20am	\$57/\$67
3819.103	4-5	1/9-2/13	M	2:40pm-3:15pm	\$57/\$67
3819.104	3.5-4	1/9-2/13	M	4:45pm-5:15pm	\$57/\$67
Location: S	Sunnyvale	Middle Schoo	ol		
3819.610	3.5-4	11/5-12/10	Sa*	9:00am-9:30am	\$57/\$67
3819.611	4-5	11/5-12/10	Sa*	9:30am-10:05am	\$57/\$67
3819.110	3.5-4	1/14-2/18	Sa	9:00am-9:30am	\$57/\$67
3819.111	4-5	1/14-2/18	Sa	9:30am-10:05am	\$57/\$67
*No class 11/2	26				

### Ice Skating Parent/Child (3-5years)

This is a fun experience for a parent and child to learn to ice skate together. Classes are geared to the child's level, so parents will learn quickly in these six week courses. Children must be between 3-5 years old. Cost includes skate rental for both parent and child, a 30 minute lesson from 10:00-10:30am and practice from 10:30-11:00am. Be sure to dress warmly, wear gloves and thick socks. No registration after 1/5/06.

**Instructor**: Ice Center Staff

**Location**: Ice Center in Vallco Fashion Park 10123 N. Wolfe Rd. in Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)	
1550.101	Beg	3-5	1/11-2/15	W	10:00am-11:00am	\$72/\$82	

# youth

### **Arts & Crafts**

### Clay Creations (5-8years)

Learn basic hand building techniques to create a variety of clay projects which are fun and easy. Clay and glazing included in registration fee. Wear clothes that can get messy.

Instructor: La Verl Matalavage

Location: Pottery Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2008.601	5-8	11/9-12/14	W	3:30pm-4:45pm	\$46/\$54
2008.602	5-8	11/9-12/14	W	5:00pm-6:15pm	\$46/\$54
2008.101	5-8	1/18-2/22	W	3:30pm-4:45pm	\$46/\$54
2008.102	5-8	1/18-2/22	W	5:00pm-6:15pm	\$46/\$54

#### **Intro to Clay** (8-11years)

Use imagination to express yourself in clay with basic forming and glazing techniques. A new project will be introduced each week. Wear clothing that can get messy.

Instructor: TBA

Location: Pottery Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2016.601	8-9	11/7-12/12	M	3:00pm-4:30pm	\$51/\$57
2016.602	10-11	11/7-12/12	M	4:45pm-6:15pm	\$51/\$57
2016.101	8-9	1/9-2/27	M*	3:00pm-4:30pm	\$51/\$57
2016.102	10-11	1/9-2/27	M*	4:45pm-6:15pm	\$51/\$57

\*No class 1/16, 2/20

#### **Green Art** (6-9years)

Create new crafts using recycled materials and found objects. We'll make fun, environmentally based projects such as picture frames, pencil holders, vases, napkin rings, greeting cards, and more. A non-refundable \$15 supply fee will be collected in first class.

**Instructor**: Anat Mansoor

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2055.601	6-9	11/14-12/12	M	5:00pm-6:00pm	\$47/\$57
2055.101	6-9	1/9-2/13	M*	5:00pm-6:00pm	\$47/\$57
*No class 1/16					

### **Intermediate Art: The Heart of Drawing** (8-11years)

This class is a great extension to our popular Painting & Drawing class! Continue to develop fundamental skills in this in-depth class, while focusing on composition, line and texture, light and shadow, shape and form, and materials and techniques. Work from observation (reallife) and photos to improve your ability to render realistically and stylistically. Bring to class pictures and/or magazines for inspiration. A \$12 supply fee is payable to the instructor at the first class.

Instructor: Melissa Duggan

**Location**: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2056.101	Int/Adv	8-11	1/12-2/23	Th	4:00pm-5:30pm	\$48/\$58

### Painting & Drawing Youth (6-12years)

Students will explore their imagination while learning basic techniques in drawing and painting. A non-refundable \$15 supply fee will be collected at first class. Return students are welcome; we will have new projects each session. Bring a smock or wear clothes that can get messy.

Instructor: Melissa Duggan

Location: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2031.601	Beg	6-8	11/14-12/19	М	4:00pm-5:00pm	\$46/\$53
2031.602	Beg	9-12	11/14-12/19	М	5:15pm-6:15pm	\$46/\$53
2031.101	Beg	6-8	1/9-2/27	M*	4:00pm-5:00pm	\$46/\$53
2031.102	Beg	9-12	1/9-2/27	M*	5:15pm-6:15pm	\$46/\$53

\*No class 1/16, 2/20

### Paper Making (9-13years)

This class will teach you the basics of papermaking so you can create your own unique gifts and greeting cards. Learn how to make paper pulp, create sheets of paper, embellish your paper with flowers and giltter, do paper casting from molds, and much, much, more. Bring a \$10 supply fee, old towel and smock to first class.

**Instructor**: Jennifer Snedeker

Location: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2042.601	9-13	11/8-12/13	Tu	4:30pm-6:00pm	\$48/\$58
2042.101	9-13	1/17-2/21	Tu	4:30pm-6:00pm	\$48/\$58

### Pottery Parent & Child (7-14years)

Share a ceative experience in clay. Work together or side by side learning to make exciting projects. Fee is per pair. A sibling may be added for 1/2 price. Maximum of 2 children per parent. No unregistered siblings will be permitted in the studio. Wheel-throwing will not be taught. Clay, glazing and firing is included in class fee.

**Instructor**: Susan Worley

Location: Pottery Room in the Creative

Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2028.601	7-14	11/3-12/15	Th*	5:15pm-7:00pm	\$112/\$128
2028.101	7-14	1/12-2/16	Th	5:15pm-7:00pm	\$112/\$128

\*No class 11/24

For children 4-8 years of age, please also see *Brilliant Blossoms*, *Monet's Garden, Mixing Paint/Van Gogh, Solar Systems*, *Van Gogh's Starry Night, and Voyage to the Stars*, starting on page 6 under Arts & Crafts.

### **Dance**

### Ballet (OYT) (5-8years)

This class will concentrate on basic technique and positions through barre work and floor combinations.

Instructor: OYT

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2120.603	Beg	5-7	11/8-12/13	Tu*	4:15pm-5:00pm	\$48/\$55
2120.604	Beg	6-8	11/10-12/15	Th*	4:15pm-5:00pm	\$48/\$55
2120.605	Beg	5-6	11/12-12/17	Sa*	12:30pm-1:15pi	m \$48/\$55
2120.103	Beg	5-7	1/10-2/21	Tu	4:15pm-5:00pm	\$67/\$77
2120.104	Beg	6-8	1/12-2/23	Th	4:15pm-5:00pm	\$67/\$77
2120.105	Beg	5-6	1/14-2/25	Sa	12:30pm-1:15pi	m \$67/\$77
*No class 11	1/22 11/24	11/26				

### Ballet/Jazz (OYT) (7-9years)

This class offers a combination of traditional ballet skills and jazz techniques. A variety of jazz styles will be taught, including slow, lyrical and stylized dance steps.

Instructor: OYT

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2122.601	Beg	7-9	11/8-12/13	Tu*	5:00pm-5:45pm	\$48/\$55
2122.101	Beg	7-9	1/10-2/21	Tu	5:00pm-5:45pm	\$67/\$77

\*No class 11/22

### Chinese Folk Dance (8-15years)

See page 24

### Combo (OYT) (5-8years)

This popular class includes fundamentals of Ballet, Tap, CreativeDance and Jazz. For this class, we do require students to have both ballet and tap shoes.

Instructor: OYT

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2126.605	Beg/Int	5-7	11/9-12/14	W*	4:00pm-4:45pm	\$48/\$55
2126.606	Beg/Int	6-8	11/9-12/14	W*	4:45pm-5:30pm	\$48/\$55
2126.607	Beg	5-6	11/10-12/15	Th*	3:30pm-4:15pm	\$48/\$55
2126.105	Beg/Int	5-7	1/11-2/22	W	4:00pm-4:45pm	\$67/\$77
2126.106	Beg/Int	6-8	1/11-2/22	W	4:45pm-5:30pm	\$67/\$77
2126.107	Beg	5-6	1/12-2/23	Th	3:30pm-4:15pm	\$67/\$77
*No class 1	1/23, 11/24					

### Hip Hop (6-12years)

Want to be a B-Boy or B-Girl, like the dancers in your favorite videos? Learn hip hop dance basics, like 4-step, 6-step, CCs and switchbacks. Our experienced, caring teacher breaks it down for you in this fun, non-competitive class. You'll learn to count music, dance with strong movements, develop your own style and confidence to perform in front of a group. Age-appropriate music is carefully selected from current hits

Instructor: Kenyatta Ali

Location: Community Room in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2166.601	Beg	6-12	11/7-12/12	М	5:00pm-6:00pm	\$48/\$54
2166.101	Beg	6-12	1/9-2/27	M*	5:00pm-6:00pm	\$48/\$54
*No class 1	/16, 2/20					

Dance continued on next page >

### Dance (cont.)

### Jazz & Tap (OYT) (5-9years)

In this class dancers will learn basic tap and jazz and terminology. Both jazz and tap shoes required.

Instructor: OYT

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2158.602	Beg	5-6	11/12-12/17	Sa*	1:15pm-2:00pm	\$48/\$55
2158.603	Beg/Int	6-9	11/12-12/17	Sa*	2:00pm-2:45pm	\$48/\$55
2158.102	Beg	5-6	1/14-2/25	Sa	1:15pm-2:00pm	\$67/\$77
2158.103	Beg/Int	6-9	1/14-2/25	Sa	2:00pm-2:45pm	\$67/\$77

\*No class 11/26

### Jump & Jive For Boys (OYT) (6-8years)

Finally, a movement class just for boys. Learn various genres of movement, all with a boyish spin. Make up dances based on your favorite activities and much more. This is a great class for athletes who want to improve their coordination and flexibility.

Instructor: OYT

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2118.602	Beg	6-8	11/9-12/14	W*	5:30pm-6:15pm	\$48/\$55
2118.102	Beg	6-8	1/11-2/22	W	5:30pm-6:15pm	\$67/\$77

\*No class 11/23

### **Drama**

### **Drama Playmaking** (5-8years)

Calling all creative kids! Join California Theatre Center in exploring and developing skills in creativity, storytelling, teamwork and self-confidence. Students will use theater activities and original stories to create characters and environments. Make sure to bring your imagination! Participants will receive one free ticket to a California Theatre Center production.

Instructor: CTC

Location: Community Room in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2204.101	Beg	5-8	1/10-2/28	Tu	4:00pm-5:00pm	\$80/\$88

### Acting (9-14years)

Beginning and experienced actors alike will benefit from this fast-paced, skill-based acting course. Discovering and developing fundamental acting techniques will help students improve creativity, spontaneity, collaboration and performance skills. Participants will receive one free ticket for a California Theatre Center production.

Instructor: CTC

**Location**: Community Room in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2200.101	Beg	9-14	1/10-2/28	Tu	5:00pm-6:00pm	\$80/\$88

### Music

### Piano Keyboard (6-12years)

Learn basic piano skills, music reading and theory. Noteworthy Music School teaches principles of rhythm, melody, harmony and ear training with the aid of portable keyboards. Teacher coaches each student one-on-one, and students progress at their own pace with workbook series. Practice at home on a piano or keyboard is recommended. Level 1 is for students with no piano experience. After one session in Level 1, students should enroll in Level 2. Level 3 is per instructor recommendation. Non-refundable materials fee of \$7.50 for workbook is due to instructor at first meeting. A tonally-accurate keyboard is provided for each student during class; please bring a set of headphones.

**Instructor**: Noteworthy Music School

Location: Meeting Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2210.601	1	6-8	11/7-12/19	M	4:15pm-5:00pm	\$63/\$74
2210.602	1	6-8	11/2-12/21	W*	4:15pm-5:00pm	\$63/\$74
2210.603	1	8-12	11/2-12/21	W*	6:00pm-6:45pm	\$63/\$74
2210.604	2	6-12	11/7-12/19	M	3:30pm-4:15pm	\$63/\$74
2210.605	2	6-12	11/7-12/19	M	5:00pm-5:45pm	\$63/\$74
2210.606	2	6-12	11/7-12/19	M	6:00pm-6:45pm	\$63/\$74
2210.607	2	6-12	11/7-12/19	M	7:30pm-8:15pm	\$63/\$74
2210.608	2	6-12	11/2-12/21	W*	3:30pm-4:15pm	\$63/\$74
2210.609	2	6-12	11/2-12/21	W*	5:00pm-5:45pm	\$63/\$74
2210.610	3	6-12	11/7-12/19	M	6:45pm-7:30pm	\$63/\$74
2210.611	3	6-12	11/2-12/21	W*	6:45pm-7:30pm	\$63/\$74
2210.101	1	6-8	1/9-3/6	M*	4:15pm-5:00pm	\$63/\$74
2210.102	1	6-8	1/11-3/1	W	4:15pm-5:00pm	\$72/\$84
2210.103	1	8-12	1/11-3/1	W	6:00pm-6:45pm	\$72/\$84
2210.104	2	6-12	1/9-3/6	M*	3:30pm-4:15pm	\$63/\$74
2210.105	2	6-12	1/9-3/6	M*	5:00pm-5:45pm	\$63/\$74
2210.106	2	6-12	1/9-3/6	M*	6:00pm-6:45pm	\$63/\$74
2210.107	2	6-12	1/9-3/6	M*	7:30pm-8:15pm	\$63/\$74
2210.108	2	6-12	1/11-3/1	W	3:30pm-4:15pm	\$72/\$84
2210.109	2	6-12	1/11-3/1	W	5:00pm-5:45pm	\$72/\$84
2210.110	3	6-12	1/9-3/6	M*	6:45pm-7:30pm	\$63/\$74
2210.111	3	6-12	1/11-3/1	W	6:45pm-7:30pm	\$72/\$84

\*No class 11/23, 1/16, 2/20

### **Special Interest**

### Baking for Kids (7-12years)

This class will teach children basic skills such as measuring dry and liquid ingredients, how to make simple recipes, and how to assemble and mix ingredients. Except for the first class, students will take home a dessert ready to bake at home for the family. (Recipe and baking directions will be included.) Wear clothes that can get dirty, or bring an apron. A non-refundable \$15 supply fee will be collected at first class.

**Instructor**: La Verl Matalavage

**Location**: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2310.601	7-12	11/4-12/16	F*	4:30pm-6:00pm	\$64/\$74
2310.101	7-12	1/13-2/17	F	4:30pm-6:00pm	\$64/\$74

\*No class 11/25

### Kid Escape (5-13years)

This class will focus on teaching your child the difference between a "good stranger" and a "bad stranger". Self-defense skills for dealing with a kidnapper, awareness, assertive comunication vs. passive communication, preventive measures every family can take, and the 12 rules of safety will be included. Handouts of class content will be provided at the end of each session. Parents are invited to join the last session to learn and practice the self-defense techniques (developed by John Hall of Kid Escape) with your child. Wear comfortable clothing.

**Instructor**: Recreation Plus

Location: Program Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
2350.601	5-8	11/8-11/29	Tu	3:30pm-4:30pm	\$75/\$85
2350.602	9-13	11/8-11/29	Tu	4:45pm-5:45pm	\$75/\$85
2350.101	5-8	2/7-2/28	Tu	3:30pm-4:30pm	\$75/\$85
2350.102	9-13	2/7-2/28	Tu	4:45pm-5:45pm	\$75/\$85

### **Sports & Fitness**

### Chang Tai Do Karate III (8years & older)

Students will be drilled on blocks, punches, kicks, strikes, self defense, forms (kata) and sparring (kumite) and Eskrima Sticks, as well as combination techniques. Stretching time will NOT be extensive. Students will be responsible for stretching before class to avoid injury. Students are responsible for knowing all material up to their belt level. Uniform, equipment, testing and private lessons are an additional fee. Yellow belt and above.

**Instructor**: John Chang **Location**: Ponderosa Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3802.602	Int/Adv	8 & older	11/1-12/16	TuF*	7:30pm-8:30pm	\$80/\$88
3802.102	Int/Adv	8 & older	1/3-2/24	TuF	7:30pm-8:30pm	\$99/\$109

\*No class 11/25

### **Chang Tai Do Karate For Families**

(8yrs & older)

Introduction to the history, culture, terminology, and etiquette of Chang Tai Do Karate. Sudents will learn proper stretching, basic blocks, punches, kicks, strikes, self defense, and form (kata). Training will help students develop better mental focus, coordination, discipline, respect, strength, endurance, and self-defense skills. This is a great opportunity for family and friends to get in shape, reduce stress and spend quality time together. Uniform, equipment, testing and private lessons are an additional fee. White belt. Uniform required after first class.

**Instructor**: John Chang **Location**: Ponderosa Park

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3802.601	Beg	8 & older	11/1-12/16	TuF*	6:30pm-7:30pm	\$80/\$88
3802.101		8 & older		TuF	6:30pm-7:30pm	\$99/\$109

\*No class 11/25

### FTSA Basketball (7-10years)

This class focuses on the beginner and intermediate basketball player. Each child will learn the different skills like passing, shooting, dribbling, offensive and defensive moves. The session will end with our Fun Tyme Dribble and Lay Up Challenge, Spot Shot Challenge, Passing Challenge and 3 on 3 Tourney.

**Instructor**: FTSA

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1508.601	7-10	11/8-12/13	Tu	3:50pm-4:45pm	\$78/\$86
1508.101	7-10	1/10-2/21	Tu	3:50pm-4:45pm	\$91/\$100

### FTSA Basketball Clinic (9-14years)

Not just a basketball clinic, but a mentoring tool to build into kids' lives. Designed to work on all fundamentals of the game including strength, conditioning, offensive and defensive strategies. It focuses on those basketball players 9-14 years who have an interest in playing basketball at school or local leagues. There are two divisions (9-11) and (12-14) in this Co-Ed clinic where the boys can only guard the boys and vice versa for the girls. The first hour of the clinic will focus on skills while the second hour concentrates on team play. Bring basketball shoes (No black soled shoes). Wednesday's class will be extended 1/2hr (3:15-5:00).

Instructor: FTSA

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1518.601	9-14	11/9-12/15	WTh*	3:15pm-4:30pm	\$110/\$124
1518.101	9-14	1/11-2/23	WTh	3:15pm-4:30pm	\$140/\$158
*No class 11/2	24				

### FTSA Mega Indoor Sports (7-14years)

Children will learn skills in various indoor sports such as basketball, volleyball, floor hockey, indoor soccer and badminton incorporated with aerobics. They will also develop team strategies through games in a physical education class setting. The session will end with our Fun Tyme Challenges in each sport and there will also be a tournament. Bring court shoes. ( No black soled shoes allowed).

Instructor: FTSA

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1510.601	7-14	11/4-12/16	F*	4:00pm-5:00pm	\$70/\$78
1510.101	7-14	1/13-2/24	F	4:00pm-5:00pm	\$81/\$91

\*No class 11/25

#### FTSA Short Sport Basketball (7-9years)

Designed to work on all fundamentals of the game both with strength and conditioning, offensive and defensive strategies. It focuses on those basketball players 7-9 years who have an interest in playing basketball at school or local leagues in the Bay Area. It is devoted exclusively to instruction and skill development, giving players the opportunity to focus on their technical fundamental training as well as personal development. Bring basketball shoes (black soled shoes not allowed).

**Instructor**: FTSA

Location: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
1507.602	7-9	11/7-12/12	M	4:00pm-5:00pm	\$83/\$98
1507.102	7-9	1/9-2/27	M*	4:00pm-5:00pm	\$83/\$98
*No class 1/1	16. 2/20				

Sports & Fitness continued continued on next page >



### Sports & Fitness (cont.)

### **Gym Tumblers** (5-6years)

For the person interested in gymnastics without the bars, beams, etc. We concentrate on the basics of tumbling all by itself. From basic rolls, to handstands, to back handsprings. This level will introduce you to the floor exercise skills. Great for cheerleaders.

Instructor: California Sports Center

Instructor: California Sports Center								
Class #	Age	Dates	Day	Time	Fee (Res/NR)			
Location: I	Location: Indoor Sports Center							
1503.601	5-6	10/24-12/12	M	3:30pm-4:25pm	\$84/\$94			
1503.602	5-6	10/24-12/12	M	5:30pm-6:25pm	\$84/\$94			
1503.607	5-6	10/25-12/13	Tu	2:30pm-3:25pm	\$84/\$94			
1503.603	5-6	10/25-12/13	Tu	4:30pm-5:25pm	\$84/\$94			
1503.604	5-6	10/26-12/14	W	3:30pm-4:25pm	\$84/\$94			
1503.605	5-6	10/26-12/14	W	5:30pm-6:25pm	\$84/\$94			
1503.606	5-6	10/27-12/15	Th*	2:30pm-3:25pm	\$74/\$84			
1503.611	5-6	10/28-12/16	F*	3:30pm-4:25pm	\$74/\$84			
1503.612	5-6	10/29-12/17	Sa*	10:00am-10:55am	\$74/\$84			
1503.616	5-6	10/29-12/17	Sa*	12:00pm-12:55pm	\$74/\$84			
1503.101	5-6	1/2-2/20	M*	3:30pm-4:25pm	\$74/\$84			
1503.102	5-6	1/2-2/20	M*	5:30pm-6:25pm	\$74/\$84			
1503.107	5-6	1/3-2/21	Tu	2:30pm-3:25pm	\$84/\$94			
1503.103	5-6	1/3-2/21	Tu	4:30pm-5:25pm	\$84/\$94			
1503.104	5-6	1/4-2/22	W	3:30pm-4:25pm	\$84/\$94			
1503.105	5-6	1/4-2/22	W	5:30pm-6:25pm	\$84/\$94			
1503.106	5-6	1/5-2/23	Th	2:30pm-3:25pm	\$84/\$94			
1503.111	5-6	1/6-2/24	F	3:30pm-4:25pm	\$84/\$94			
1503.112	5-6	1/7-2/25	Sa	10:00am-10:55am	\$84/\$94			
1503.116	5-6	1/7-2/25	Sa	12:00pm-12:55pm	\$84/\$94			
Location: F	Ravnor A	ctivity Center						
1503.613	5-6	10/29-12/17	Sa*	12:00pm-12:55pm	\$74/\$84			
1503.113	5-6	1/7-2/25	Sa	12:00pm-12:55pm	\$84/\$94			
*No class 11/2	4. 11/25. 11	/26. 1/16			•			

### Cheerleading Youth (6-16years)

An introduction to cheerleading. A mix of gymnastic tumbling skills, jumps, and high energy dance choreographed to spirited music, including group formation and beginning stunts. The participants will be expected to memorize cheers and formations and perform them on the last day. Additional opportunities to perform may also be arranged.

**Instructor**: California Sports Center **Location**: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
3817.601	6-16	10/24-12/12	М	5:30pm-6:25pm	\$84/\$94
3817.602	6-16	10/26-12/14	W	5:30pm-6:25pm	\$84/\$94
3817.101	6-16	1/2-2/20	M*	5:30pm-6:25pm	\$74/\$84
3817.102	6-16	1/4-2/22	W	5:30pm-6:25pm	\$84/\$94

\*No class 1/16

### **Gym Tumbling\*** (6-16years)

For the person interested in gymnastics without the bars, beams, etc. We concentrate on the basics of tumbling all by itself. From basic rolls, to handstands, to back handsprings. This level will introduce you to the floor exercise skills. Great for cheerleaders.

**Instructor**: California Sports Center **Location**: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
3816.601	6-16	10/25-12/13	Tu	5:30pm-6:25pm	\$84/\$94
3816.602	6-16	10/27-12/15	Th*	5:30pm-6:25pm	\$74/\$84
3816.101	6-16	1/3-2/21	Tu	5:30pm-6:25pm	\$84/\$94
3816.102	6-16	1/5-2/23	Th	5:30pm-6:25pm	\$84/\$94
*No class 11/24					

### **Gymnastics Boys\*** (6-16years)

Boys' classes are designed to focus attention on the six men's events: floor exercise, pommel horse, rings, vaulting, parallel bars, and high bar. In addition, strength development and flexibility will be integral parts of the beginner program. Level 1-2 is the beginning gymnastics class Level 3-4 is the intermediate gymnastics class. Students are required to pass the skills and routine evaluations of the previous levels, and must possess a signed certificate showing proof of level before moving into these classes.

**Instructor**: California Sports Center **Location**: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3811.601	1-2	6-16	10/24-12/12	M	3:30pm-4:25pm	\$84/\$94
3811.609	1-2	6-16	10/24-12/12	M	4:30pm-5:25pm	\$84/\$94
3811.615	1-2	6-16	10/24-12/12	M	6:30pm-7:25pm	\$84/\$94
3811.610	1-2	6-16	10/25-12/13	Tu	3:30pm-4:25pm	\$84/\$94
3811.603	1-2	6-16	10/26-12/14	W	3:30pm-4:25pm	\$84/\$94
3811.608	1-2	6-16	10/26-12/14	W	4:30pm-5:25pm	\$84/\$94
3811.616	1-2	6-16	10/26-12/14	W	6:30pm-7:25pm	\$84/\$94
3811.611	1-2	6-16	10/27-12/15	Th*	3:30pm-4:25pm	\$74/\$84
3811.612	1-2	6-16	10/28-12/16	F*	3:30pm-4:25pm	\$74/\$84
3811.605	1-2	6-16	10/28-12/16	F*	4:30pm-5:25pm	\$74/\$84
3811.606	1-2	6-16	10/29-12/17	Sa*	10:00am-10:55am	\$74/\$84
3811.602	3-4	6-16	10/25-12/13	Tu	4:30pm-5:25pm	\$84/\$94
3811.604	3-4	6-16	10/27-12/15	Th*	4:30pm-5:25pm	\$74/\$84
3811.607	3-4	6-16	10/29-12/17	Sa*	12:30pm-1:55pm	\$110/\$120
3811.101	1-2	6-16	1/2-2/20	M*	3:30pm-4:25pm	\$74/\$84
3811.109	1-2	6-16	1/2-2/20	M*	4:30pm-5:25pm	\$74/\$84
3811.115	1-2	6-16	1/2-2/20	M*	6:30pm-7:25pm	\$74/\$84
3811.110	1-2	6-16	1/3-2/21	Tu	3:30pm-4:25pm	\$84/\$94
3811.103	1-2	6-16	1/4-2/22	W	3:30pm-4:25pm	\$84/\$94
3811.108	1-2	6-16	1/4-2/22	W	4:30pm-5:25pm	\$84/\$94
3811.116	1-2	6-16	1/4-2/22	W	6:30pm-7:25pm	\$84/\$94
3811.111	1-2	6-16	1/5-2/23	Th	3:30pm-4:25pm	\$84/\$94
3811.112	1-2	6-16	1/6-2/24	F	3:30pm-4:25pm	\$84/\$94
3811.105	1-2	6-16	1/6-2/24	F	4:30pm-5:25pm	\$84/\$94
3811.106	1-2	6-16	1/7-2/25	Sa	10:00am-10:55am	\$84/\$94
3811.102	3-4	6-16	1/3-2/21	Tu	4:30pm-5:25pm	\$84/\$94
3811.104	3-4	6-16	1/5-2/23	Th	4:30pm-5:25pm	\$84/\$94
3811.107	3-4	6-16	1/7-2/25	Sa	12:30pm-1:55pm	\$126/\$136

\*No class 11/24, 11/25, 11/26, 1/16

<sup>\*</sup> We love our parents, but...with your child's best interest in mind, we ask that parents not remain in the gym after the class begins. Our instructors have found that the quality of instruction is often affected by parent and sibling distractions and interruptions. We feel it is most beneficial for children to have the recreational time with their peers. Also, in order to provide the best learning environment, children must be toilet-trained. Thank you for your cooperation.

### Gymnastics Girls\* (6-16years)

Girls' classes are designed to focus on the four women's events: Floor exercise, vault, balance beam, and uneven bars. In addition, strength development and flexibility will be integral parts of the program. Level 1-2 is the beginning gymnastics class. Level 3-4 is the intermediate gymnastics class. Level 5-6 is the advanced gymnastics class. Students are required to pass the skills and routine evaluations of the previous levels, and must possess a signed certificate showing proof of level before moving into these classes.

Instructor: California Sports Center

monucio	i. Camo	ma op	orts certici			
Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
Location:	Indoor	Sports	Center			
3810.601	1-2	6-16	10/24-12/12	M	3:30pm-4:25pm	\$84/\$94
3810.602	1-2	6-16	10/24-12/12	M	4:30pm-5:25pm	\$84/\$94
3810.603	1-2	6-16	10/24-12/12	M	6:30pm-7:25pm	\$84/\$94
3810.604	1-2	6-16	10/25-12/13	Tu	3:30pm-4:25pm	\$84/\$94
3810.645	1-2	6-16	10/25-12/13	Tu	5:30pm-6:25pm	\$84/\$94
3810.605	1-2	6-16	10/26-12/14	W	3:30pm-4:25pm	\$84/\$94
3810.606	1-2	6-16	10/26-12/14	W	4:30pm-5:25pm	\$84/\$94
3810.607	1-2	6-16	10/26-12/14	W	6:30pm-7:25pm	\$84/\$94
3810.608	1-2	6-16	10/27-12/15	Th*	3:30pm-4:25pm	\$74/\$84
3810.643	1-2	6-16	10/27-12/15	Th*	5:30pm-6:25pm	\$74/\$84
3810.649	1-2	6-16	10/28-12/16	F*	2:30pm-3:25pm	\$74/\$84
3810.609	1-2	6-16	10/28-12/16	F*	3:30pm-4:25pm	\$74/\$84
3810.610	1-2	6-16	10/28-12/16	F*	4:30pm-5:25pm	\$74/\$84
3810.611	1-2	6-16	10/29-12/17	Sa*	9:00am-9:55am	\$74/\$84
3810.612	1-2	6-16	10/29-12/17	Sa*	11:00am-11:55am	
	3-4	6-16		M		\$84/\$94
3810.614	3-4	6-16	10/24-12/12	Tu	5:30pm-6:25pm	
3810.613			10/25-12/13		4:30pm-5:25pm	\$84/\$94
3810.615	3-4	6-16	10/25-12/13	Tu	6:30pm-7:25pm	\$84/\$94
3810.617	3-4	6-16	10/26-12/14	W	5:30pm-6:25pm	\$84/\$94
3810.616	3-4	6-16	10/27-12/15	Th*	4:30pm-5:25pm	\$74/\$84
3810.618	3-4	6-16	10/27-12/15	Th*	6:30pm-7:25pm	\$74/\$84
3810.621	3-4	6-16	10/29-12/17	Sa*	12:30pm-1:55pm	\$110/\$120
3810.622	5-6	6-16	10/25-12/13	Tu	6:30pm-8:25pm	\$168/\$178
3810.623	5-6	6-16	10/27-12/15	Th*	6:30pm-8:25pm	\$147/\$157
3810.624	5-6	6-16	10/28-12/16	F*	5:30pm-7:25pm	\$147/\$157
3810.101	1-2	6-16	1/2-2/20	M*	3:30pm-4:25pm	\$74/\$84
3810.102	1-2	6-16	1/2-2/20	M*	4:30pm-5:25pm	\$74/\$84
3810.103	1-2	6-16	1/2-2/20	M*	6:30pm-7:25pm	\$74/\$84
3810.104	1-2	6-16	1/3-2/21	Tu	3:30pm-4:25pm	\$84/\$94
3810.145	1-2	6-16	1/3-2/21	Tu	5:30pm-6:25pm	\$84/\$94
3810.105	1-2	6-16	1/4-2/22	W	3:30pm-4:25pm	\$84/\$94
3810.106	1-2	6-16	1/4-2/22	W	4:30pm-5:25pm	\$84/\$94
3810.107	1-2	6-16	1/4-2/22	W	6:30pm-7:25pm	\$84/\$94
3810.108	1-2	6-16	1/5-2/23	Th	3:30pm-4:25pm	\$84/\$94
3810.143	1-2	6-16	1/5-2/23	Th	5:30pm-6:25pm	\$84/\$94
3810.149	1-2	6-16	1/6-2/24	F	2:30pm-3:25pm	\$84/\$94
3810.109	1-2	6-16	1/6-2/24	F	3:30pm-4:25pm	\$84/\$94
3810.110	1-2	6-16	1/6-2/24	F	4:30pm-5:25pm	\$84/\$94
3810.111	1-2	6-16	1/7-2/25	Sa	9:00am-9:55am	\$84/\$94
3810.112	1-2	6-16	1/7-2/25	Sa	11:00am-11:55am	\$84/\$94
3810.114	3-4	6-16	1/2-2/20	M*	5:30pm-6:25pm	\$74/\$84
3810.113	3-4	6-16	1/3-2/21	Tu	4:30pm-5:25pm	\$84/\$94
3810.115	3-4	6-16	1/3-2/21	Tu	6:30pm-7:25pm	\$84/\$94
3810.117	3-4	6-16	1/4-2/22	W	5:30pm-6:25pm	\$84/\$94
3810.116	3-4	6-16	1/5-2/23	Th	4:30pm-5:25pm	\$84/\$94
3810.118	3-4	6-16	1/5-2/23	Th	6:30pm-7:25pm	\$84/\$94
3810.121	3-4	6-16	1/7-2/25	Sa	12:30pm-1:55pm	\$126/\$136
3810.122	5-6	6-16	1/3-2/21	Tu	6:30pm-8:25pm	\$168/\$178
3810.123	5-6	6-16	1/5-2/23	Th	6:30pm-8:25pm	\$168/\$178
3810.124	5-6	6-16	1/6-2/24	F	5:30pm-7:25pm	\$168/\$178
*No class 11						ŢJ.ŢJ

<sup>\*</sup>No class 11/24, 11/25, 11/26, 1/16

<sup>&</sup>gt; Gymnastics Girls continued from previous column

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
Location	: Raynor	Activi	ty Center			
3810.635	1-2	6-16	10/29-12/17	Sa*	9:00am-9:55am	\$74/\$84
3810.636	1-2	6-16	10/29-12/17	Sa*	11:00am-11:55an	n \$74/\$84
3810.135	1-2	6-16	1/7-2/25	Sa	9:00am-9:55am	\$84/\$94
3810.136	1-2	6-16	1/7-2/25	Sa	11:00am-11:55an	n \$84/\$94

<sup>\*</sup>No class 11/24, 11/25, 11/26, 1/16

### Ice Hockey (7-14years)

Students will learn to skate in a controlled manner that is necessary to be a hockey player. Balance, use of blade edges, forwards and backwards skating, crossovers and stopping will be taught in the first four weeks. Weeks four to six are dedicated to stick handling; students must provide a stick and helmet with a full cage by the first class. Skate rental will be included. Practice session is 4:30-5:00PM. Lesson is from 5:15PM-5:45PM. Basic skating skills are required. No registration after 1/5/06.

**Instructor**: Ice Center Staff

**Location**: Ice Center in Vallco Fashion Park

10123 N. Wolfe Rd. in Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3850.101	Beg	7-14	1/10-2/14	Tu	4:30pm-5:45pm	\$72/\$82

### **Ice Skating** (5-12years)

This introductory class will include forward and backword marching and skating, falling and getting up, and stopping. No intermediate or advanced techniques will be taught. Each of the six lessons provide 30 minutes of instruction and 30 minutes of practice time on the ice (practice time will be from 5:45PM-6:15PM for both age groups). Be sure to dress warmly, wear gloves and thick socks. Skate rental is included in the class fee. No registration after 1/5/06.

Note: This class is very hectic as parents and children figure out where to be. Please be prepared by dressing warmly, knowing your child's shoe size, the City with which you registered (Sunnyvale) and showing courteous patience.

**Instructor**: Ice Center Staff

**Location**: Ice Center in Vallco Fashion Park 10123 N. Wolfe Rd. in Cupertino

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3852.101	Beg	5-6	1/9-2/27	M*	5:15pm-6:15pm	\$72/\$82
3852.102	Beg	7-12	1/9-2/27	M*	5:45pm-6:45pm	\$72/\$82
*No class 1/	/16, 2/20					

### Judo (7-14years)

Students will be introduced to the basics of Judo including techniques such as throwing and pinning. Advanced students will have the opportunity to join the Judo Club which meets immediately after the Judo class.

**Instructor**: Sunnyvale Judo Club **Location**: Washington Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
3803.601	7-14	11/4-12/16	F*	6:00pm-6:50pm	\$32/\$44
3803.101	7-14	1/6-2/24	F	6:00pm-6:50pm	\$42/\$58
*No class 11/	25				

Sports & Fitness continued on next page >

Gymnastics Girls continued top of next column >

<sup>★</sup> See note bottom of page 16

<sup>★</sup> See note bottom of page 16

# youth

### **Sports & Fitness (cont.)**

### Karate For Families (Goju Ryu) (8years & older)

This class allows families and individuals to train together in the art and discipline of a traditional style of karate. Goju Ryu combines hard and soft techniques in an effective countering style of self defense. Participants may take promotional examinations as part of the class. Fee per person

**Instructor**: Erik Matheson **Location**: Raynor Park

Class #	Age	Dates	Day	Time	Fee (Res/NR)
3844.601	8 & older	11/1-12/16	TuF*	6:30pm-8:00pm	\$55/\$65
3844.101	8 & older	1/3-2/24	TuF	6:30pm-8:00pm	\$68/\$80

\*No class 11/25

### Kidz Love Soccer (5-12years)

These classes offer a non-competative environment for children to learn and play the "World's Most Popular Sport." Children will learn different skills according to age; dribbling, passing, receiving, shooting, heading, and team tactics. Small sided soccer games will be played at every class. Shin guards are required after the first meeting. Note: During questionable weather, please call 1-800-871-2275 one hour before classes (or by 6pm) for class information.

#### **Instructor**: KLS

Class #	Age	Dates	Day	Time	Fee (Res/NR)	
Location: Cupertino Middle School						
3820.605	5-6	11/1-12/6	Tu	6:30pm-7:15pm	\$57/\$67	
3820.606	7-8	11/1-12/6	Tu	7:05pm-7:50pm	\$57/\$67	
3820.607	9-12	11/1-12/6	Tu	7:05pm-8:05pm	\$57/\$67	
3820.105	5-6	1/10-2/14	Tu	6:30pm-7:15pm	\$57/\$67	
3820.106	7-8	1/10-2/14	Tu	7:05pm-7:50pm	\$57/\$67	
3820.107	9-12	1/10-2/14	Tu	7:05pm-8:05pm	\$57/\$67	
Location: La	as Palm	as Park				
3820.603	5-6	11/1-12/6	Tu	3:15pm-4:00pm	\$57/\$67	
3820.604	7-8	11/1-12/6	Tu	4:00pm-4:45pm	\$57/\$67	
3820.103	5-6	1/10-2/14	Tu	3:15pm-4:00pm	\$57/\$67	
3820.104	7-8	1/10-2/14	Tu	4:00pm-4:45pm	\$57/\$67	
Location: Se	erra Par	k				
3820.601	5-6	11/7-12/12	M	3:15pm-4:00pm	\$57/\$67	
3820.602	7-8	11/7-12/12	M	4:00pm-4:45pm	\$57/\$67	
3820.101	5-6	1/9-2/13	М	3:15pm-4:00pm	\$57/\$67	
3820.102	7-8	1/9-2/13	М	4:00pm-4:45pm	\$57/\$67	
Location: Su	ınnyva	le Middle Schoo	l			
3820.608	5-6	11/5-12/10	Sa*	10:05am-10:50am	\$47/\$57	
3820.609	7-8	11/5-12/10	Sa*	10:50am-11:35am	\$47/\$57	
3820.610	9-12	11/5-12/10	Sa*	10:50am-11:50am	\$47/\$57	
3820.108	5-6	1/14-2/18	Sa	10:05am-10:50am	\$57/\$67	
3820.109	7-8	1/14-2/18	Sa	10:50am-11:35am	\$57/\$67	
3820.110	9-12	1/14-2/18	Sa	10:50am-11:50am	\$57/\$67	
*No class 11/26						

### Mini Hawks (6-8years)

Mini-Hawks helps children explore multiple sports such as soccer, baseball and basketball. No pressure, just lots of fun while these young athletes participate in various sports through unique games. Our Mini-Hawks coaching staff is trained to meet the special needs of young children. We are committed to helping children start off on the right foot, as they take their first steps into athletics. Participant-to-coach ratio is approximately 10:1.

#### **Instructor**: Hawk Solutions

mon actor.	TIUVIC	Jiuuons			
Class #	Age	Dates	Day	Time	Fee (Res/NR)
Location: V	Vashingt	on Park			
6508.601	6-8	11/17-12/15	Th*	3:20pm-4:05pm	\$35/\$47
6508.101	6-8	1/26-3/9	Th*	3:20pm-4:05pm	\$50/\$62
Location: V	Vest Vall	ey Elementary	School		
6508.602	6-8	11/21-12/12	M	2:10pm-2:55pm	\$35/\$47
6508.102	6-8	1/23-3/13	M*	2:10pm-2:55pm	\$50/\$62
*No class 11/2	24, 1/30, 2/2	20, 2/23			

### Mighty Hawks (9-11years)

Hawk Solutions Mighty-Hawk programs focus remains on teaching the fundamentals in a fun and creative atmosphere. The program format introduces athletes to the experience of sport-specific instruction in a non-competitive setting. Mighty-Hawks participant-to-coach ratio is approximately 14:1.

#### **Instructor**: Hawk Solutions

Class #	Age	Dates	Day	Time	Fee (Res/NR)
Location: W	ashington	Park			
6509.601	9-11	11/17-12/15	Th*	4:15pm-5:15pm	\$40/\$52
6509.101	9-11	1/26-3/9	Th*	4:15pm-5:15pm	\$55/\$62
Location: W	est Valley	Elementary S	chool		
6509.602	9-11	11/21-12/12	M	3:00pm-3:50pm	\$40/\$52
6509.102	9-11	1/23-3/13	M*	3:00pm-3:50pm	\$55/\$62
*No class 11/24	, 1/30, 2/20,	2/23			

### **Rock Climbing** (5-13years)

Like fish to water! Parents know what natural climbers kids are so we offer a 5 session program which introduces them to this great sport. Classes are designed so that participants climb with children of their own age. Planet Granite T-shirt is included. Age groups are 5-8 and 9-13.

**Instructor**: Planet Granite

Location: 2901 Mead Ave. in Santa Clara

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3856.601	Beg	5-8	11/15-12/13	Tu	4:00pm-5:30pm	\$106/\$116
3856.602	Beg	9-13	11/10-12/15	Th*	4:00pm-5:30pm	\$106/\$116
3856.101	Beg	9-13	1/16-2/13	М	4:00pm-5:30pm	\$106/\$116
3856.102	Beg	5-8	1/18-2/15	W	4:00pm-5:30pm	\$106/\$116
*No class 1	1/24					



### Rock Climbing Parent & Child (5-13years)

Learn to rock climb with your son or daughter! This program includes a one hour class that will teach parents the safety skills needed for their children to climb at Planet Granite. Kid's day pass and rentals for a return visit are also included. Registration is for one child and one adult. Minimum age is 5 years old. Fees for one- and two-day classes are non-refundable and non-transferable.

**Instructor**: Planet Granite

Location: 2901 Mead Ave. in Santa Clara

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
3858.601	Beg	5-13	11/12	Sa	10:00am-11:00am	\$38/\$48
3858.101	Bea	5-13	2/4	Sa	10:00am-11:00am	\$38/\$48

### Yoga Lite Parent & Child (5years & older)

Yoga promotes strength and flexibility, good coordination and posture. It teaches children how to relax, to concentrate, and how to be quiet and still. This is not only a way for parents to balance their mind and body, but also a time to form a deep connection with their child. Fee per pair. One child per adult. Bring a yoga mat and towel for parent and one for child.

**Instructor**: Robin Pickel

Location: Community Room in the Recreation Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5609.601	5 & older	11/5-12/17	Sa*	8:30am-9:20am	\$44/\$54
5609.101	5 & older	1/7-2/25	Sa	8:30am-9:20am	\$59/\$72

\*No class 11/26

City of Sunnyvale

Parks & Recreation and

**Public Saftey** 

Departments present

SG

During the month of January, we will be looking for the best 7th & 8th Grade FREE-THROWERS in SUNNYVALE!

### How to Qualify for the CITY FINALS

Where: At all middle schools in Sunnyvale
When: Lunch Period during school day
Who: 7th & 8th Grade girls and boys
Cost: FREE to ALL Participants
Look for an event flyer coming to your school in January

#### Who advances in the CITY FINALS?

The top TWENTY 7th & 8th grade girl & boy free-throwers from each school.

#### Everyone is welcome to attend - Free Admission

Awards will be given to all who participate. Winners in each of the four categories will receive **A PRIZE!**Please join us in supporting our youth!
Call Officer Mueting at (408) 730-7141 for more information.

### CITY FINALS

February 3, 2006 • Friday, 7:00pm

AMD Sports Center

Columbia Neighborhood Ctr • 785 Morse Ave • Sunnyvalu

# youth/teens & adults



Cool recreation classes for Sunnyvale Middle School students available immediately after school where you can expand your horizons and try new found talents and skills.

See the Registration Brochure at Sunnyvale Middle School or call (408) 730-7724 for details.

KLAS

Kids

Learning

After School

JW

Columbia Middle School After-School Program!

Registration brochures will be mailed home and will be available at Columbia Neighborhood Center and school library. Call (408) 730-7741 for more info.

Open to Columbia Middle School students only.

### KIDZONE EXPRESS

KidZone Express is an exciting after-school program for elementary-aged students. Participants will engage in a variety of fun games, activities, and arts and crafts in a safe and supervised environment. A snack will be provided.

Day	Elementary School Location						
Day	Ellis	Vargas	Nimitz				
Monday		2:30-5:00pm					
Tuesday	2:30-5:00pm						
Wednesday		2:30-5:00pm					
Thursday	2:30-5:00pm		2:00-4:30pm				

Flyers will go out in parent packets at school to register for the program in December. For more information, please contact Suzie Hayes at (408) 730-7523 or shayes@ci.sunnyvale.ca.us



A Cool Drop-In Program for Sunnyvale Middle School students to hang out with friends immediately after school: play Foosball, PS2, Board Games, Ping-Pong; watch a movie; do arts & crafts; have a snack; and much more!

TIME: M-Th, 3:20-6:00pm; F, 3:20-5:00pm

LOCATION: Multi. #1

Call (408) 730-7724 for details.

JW



# Arts & Crafts • Games & Sports • For all youth ages 6 - 14 Snack Provided! • Look for our Colorful Truck

Day	Monday	Tues	day	Wednesday	Thursday	Friday
Elementary School	Fairwood	Nimitz	Fairwood	San Miguel	Vargas	Ellis
Time	2:15-4:30pm	1:30-3:30pm	2:15-4:30pm	2:15-4:30pm	2:30-4:30pm	12:45-3:30pm
Drop-off & Pick-up	Sandia Ave.	Blacktop next to playground area	Sandia Ave.	Playground area adjacent to Alvarado Ave.	Blacktop & playground area adjacent to Carson Dr.	Central Ave.

For more information, please contact Suzie Hayes at (408) 730-7523 or shayes@ci.sunnyvale.ca.us

SH

### **Arts & Crafts**

### Clay Sculpture (18 years & older)

This is an introductory course focusing on modeling, carving and fabrication techniques using clay. Projects will be fired and glazed for permanence. Tools may be purchased in class (\$25-\$30). Clay must be purchased in class (\$11 for 25lb bag).

**Instructor**: Larry Wittman

Location: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5040.101	Bea	18 & older	1/5-2/23	Th	7:00pm-10:00pm	\$106/\$116

### Figure Sculpture

(18years & older)

Learn the basic techniques of modeling and carving the human figure from photographs and life. Students will create small clay sculptures from a variety of poses. Tools may be purchased in class (\$25-\$30). Clay must be purchased in class (\$11 for 25lb bag). A \$20 model fee will be required. Participants must be 18 years of age.

Instructor: Larry Wittman Location: Pottery Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5009.601	Beg	18 & older	11/3-12/15	Th	7:00pm-10:00pm	\$86/\$96

### Intermediate Art–Heart of Drawing (12-17years)

This class is a great extension to our popular Painting & Drawing class. Continue to develop fundamental skills in this in-depth class, while focusing on composition, line and texture, light and shadow, shape and form, and materials and techniques. Work from observation (reallife) and photos to improve your ability to render realistically and stylistically. Bring to class pictures and/or magazines for inspiration. A \$12 supply fee is payable to the instructor at the first class.

**Instructor**: Melissa Duggan

**Location**: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2056 102	Int	12-17	1/10-2/21	Tu	4:00pm-6:00pm	\$51/\$61

### **Jewelry Making For Teens** (13-17years)

Impress your friends with the jewelry you create! In this class you will learn basic jewelry-making techniques. Projects will explore bead stringing, wire wrapping, findings, and how to apply the finishing touch to your jewelry. Each week the class will focus on specific jewelry-making techniques. A non-refundable \$20 supply fee will be collected at the first class.

Instructor: Melissa Duggan

Location: Paint Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
4007.601	13-17	11/3-12/15	Th*	4:00pm-6:00pm	\$43/\$53

\*No class 11/24

### Jewelry Making Adult (18years & older)

In this class you will learn basic jewelry-making techniques. Projects will explore bead stringing, wire wrapping, findings, and how to apply the finishing touch to jewelry. Each week the class will focus on specific jewelry-making techniques. A non-refundable \$20 supply fee will be collected at the first class.

**Instructor**: Melissa Duggan

**Location**: Paint Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5045.601	18 & older	11/3-12/15	Th*	7:00pm-9:00pm	\$43/\$53
*No class 1	1/24				

### Oil Painting "Azaleas" (16years & older)

"Azaleas" - Learn techniques in color placement, shading, blending, and highlighting while painting a beautiful picture of pink azaleas. Bring an 8"x10" wrap-around style canvas to the fist class. Additional supplies will be discussed at the first class. No late registrations: All students must attend the first class.

**Instructor**: JoAnne Barney

Location: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5013.101	Beg	16 & older	1/9-2/27	M*	7:00pm-9:00pm	\$60/\$70
*No class 1/	16 2/20					

### Oil Painting Techniques (16years & older)

An introduction to the essentials of oil painting. Learn to lay out a palette, use mediums, prepare a canvas and mix colors. Explore ways to apply oil paint while developing your own individual style. Lectures will include slides of famous oil painters and emerging local artists. Supply list will be discussed first class.

**Instructor**: Karen Haas

Location: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5012.101	Beg	16 & older	1/17-2/21	Tu	7:00pm-9:00pm	\$61/\$71

### Oil Painting "Violets" (16years & older)

Learn about techniques in color placement, shading, blending and highlighting oil paints while painting a delicate violet and soft ribbon scene. Bring a 5"x 7" wrap-around style canvas to the first class. Additional supplies will be discussed at the first class. NO late registrations: All students must attend the first class.

**Instructor**: JoAnne Barney

Location: Paint Room in the Creative Arts Center

Education: I unit Room in the Creative Into Center								
Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)		
5013.601	Bea	16 & older	11/14-12/19	М	7:00pm-9:00pm	\$60/\$70		

### Painting with Gouache (16years & older)

In this class, students will learn to use an opaque watercolor called Gouache. This medium can create a range of different effects similar to watercolor; however, Gouache has a versatility that allows it to achieve surprising results. Transparency, composition, value and specific techniques will be emphasized. Students will build on these foundations, working toward a personal style. Supply list will be discussed at first class. Water color experience not required.

**Instructor**: Robert Duvall

**Location**: Art Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5026.601	Beg	16 & older	11/9-12/21	W*	7:00pm-9:30pm	\$82/\$92
5026.101	Beg	16 & older	1/11-2/22	W	7:00pm-9:30pm	\$82/\$92
*No class 11	1/23					

Arts & Crafts continued on next page >

# teens & adults

### **Arts & Crafts (cont.)**

### Paper Making Adult (16years & older)

Personalize your gift giving! This class will teach you the basics of papermaking so you can create your own unique gifts, invitations and greeting cards. Learn how to make paper pulp, create sheets of paper, do paper casting from molds, and embellish your paper with found objects like dried flowers, leaves and glitter. Instructor will include demonstrations on creative ideas for using handmade paper. Bring a \$15 supply fee and an old towel to first class.

**Instructor**: Jennifer Snedeker

**Location**: Art Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5027.601	16 & older	11/8-12/20	Tu	6:30pm-8:30pm	\$53/\$63
5027.101	16 & older	1/10-2/28	Tu	6:30pm-8:30pm	\$57/\$67

### ADD ONE OF YOUR CREATIONS TO ONE OF OUR KILNS!

### Pottery: Open Studio (16years & older)

No instruction will be provided. Open studio passes must be purchased in advance per 4-hour visit. **UP TO** 10 visits may be purchased at one time. Prorating for unused hours will not be available. Passes do not transfer from session to session. All passes must be presented at the door.

**Location**: Pottery Room in Creative Arts Center **Sessions**: 10/10 – 12/17 & 1/3-3/18 (studio will be closed 10/2-10/9, 11/24, 11/25, and 12/18/05-1/2/06)

Day	Time	Fee (Res/NR)
Tu	10:00am-2:00pm	\$15/\$18
Tu	2:00pm-6:00pm	\$15/\$18
Tu	6:00pm-10:00pm	\$15/\$18
F	10:00am-2:00pm	\$15/\$18
F	2:00pm-6:00pm	\$15/\$18
Sa	9:30am-1:30pm	\$15/\$18

- Glazing and firing is included in pass price
- No refunds, transfers, or credits for passes
- Lost passes will not be credited
- Passes must be purchased in advance at the Recreation Center front counter. (Monday - Friday, 9am-6pm)

### **Pottery Studio Rules**

- Clay must be purchased in class/open studio (\$11 per 25 lb bag).
- No outside firing accepted.
- No dangling jewelry, open-toed shoes or children allowed.

### **Clay Pick-ups**

Pick-ups may be made during open studio hours only. (Pick-ups will not be permitted during scheduled class times.) No trimming or "quick glazing" will be allowed unless an Open Studio pass is presented. Allow 4-5 weeks for firing. Large or irregularly shaped pieces will be fired at the end of each 8-10 week session.

Please call (408) 730-7758 for more information.

### Want to VRY•1/7?

For \$5 you can test a class to see if it has the right fit for you. If you decide to take the class, you will receive \$5 credit toward the regular registration fee. Look for the "TRY-IT" symbol alongside class listings in the Teens & Adult section to determine which classes you can use the pass for.

**Terms & Conditions**: 1) The pass is non-refundable, and must be purchased at the Sunnyvale Community Center Recreation Building, 2) The pass is only good for the first meeting of the class, 3) The pass does not assure you a spot in the class as the class may fill up before you decide to register, and 4) If you choose to register for the class; a) You must do so in person at the Sunnyvale Community Center, and b) the pass must be returned, in order to receive the \$5 credit towards class registration fee.

### Pottery For Teens (12-16years)

Learn basic techniques in forming, glazing, and wheel throwing. Clay included in the price of the class. Wear clothes that can get dirty.

**Instructor**: Susan Worley

Location: Pottery Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
4012.601	Beg	12-16	11/3-12/15	Th*	3:15pm-5:00pm	\$59/\$69
4012.101	Beg		1/12-2/16	Th	3:15pm-5:00pm	\$59/\$69

\*No class 11/24

### **Pottery I** (16years & older)

This course will teach you basic hand and wheel techniques. Individual style and approach is encouraged. Perfect for the beginning and advanced beginning potter. Clay must be purchased in class. Firing and glazing included in class price. Beginning tool kits available in class.

Location: Pottery Room in the Creative Arts Center

Class #	Dates	Day	Time	Fee (Res/NR)
Instructor:	Hsin-Chuen	Lin		
5022.101	1/9-3/20	M*	10:00am-2:00pm	\$108/\$133
5022.105	1/5-3/16	Th	10:00am-2:00pm	\$176/\$201
Instructor:	Danny Sheu			
5022.102	1/9-3/20	M*	7:00pm-10:00pm	\$108/\$133
5022.106	1/5-3/16	Th	7:00pm-10:00pm	\$132/\$157
Instructor:	Barbara Brov	vn		
5022.103	1/4-3/15	W	9:00am-12:00pm	\$132/\$157
5022.104	1/4-3/15	W	12:00pm-3:00pm	\$132/\$157
*No class 1/16	6, 2/20			

### Pottery Advanced Techniques (16years & older)

This course will teach you advanced techniques in pottery.

- Week 1 & 2: 6-10 lb. throwing techniques with Danny Sheu
- Week 3 & 4: Extruder techniques w/ Barbara Brown
- Week 5 & 6: Tea pot techniques with Hsin-Chuen Lin
- Week 7 & 8: Mask making techniques with Larry Wittman
- Week 9 & 10: Throwing and altering with Danny Sheu
- Week 11: Raku techniques with Danny Sheu

Perfect for the intermediate and advanced potter. Clay must be purchased in class. Firing and glazing included in class price.

**Instructor**: Pottery Studio Staff

**Location**: Pottery Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5025.101	Int/Adv	16 & olde	er 1/4-3/15	W	7:00pm-10:00pm	\$132/\$157

#### Watercolor (16 years & older)

Learn watercolor basics in a relaxed setting. Let everyday stress recede as you learn to coordinate hand and mind. Have fun trying out still life, landscape and the figure. See how famous artists have used this versatile medium to enhance their lives. In-class demonstrations and slide lectures. Supply list discussed in first class.

**Instructor**: Karen Haas

Location: Paint Room in the Creative Arts Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5028.601	Beg	16 & older	11/8-12/20	Tu	7:00pm-9:00pm	\$67/\$77

### **Dance**

Abs Arabia Style (16years & older)



Want a stomach worth showing off? Abs Arabia Style is a great workout, providing overall body toning and abdominal conditioning through Middle Eastern dance moves like body waves and belly rolls. This exercise -style class is open to all levels. Previous dance experience is recommended. Wear comfortable exercise attire or your favorite Middle Eastern dance outfit. Bring a towel or yoga mat to class for floor work.

Instructor: Alcina

Location: Theater Dance Studio

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5102.601	16 & older	11/7-12/19	M*	6:30pm-7:30pm	\$48/\$54
5102.602	16 & older	11/1-12/20	Tu	8:30pm-9:30pm	\$56/\$63
5102.101	16 & older	1/9-2/27	M*	6:30pm-7:30pm	\$56/\$63
5102.102	16 & older	1/10-2/28	Tu*	8:30pm-9:30pm	\$56/\$63
*No class 1:	1/21 11/22 2/14	2/20			

'Abs Arabia Style' and 'Belly Dance' instructor Alcina

### **Ballroom I** (16years & older)



Get ready for holiday parties! Join this fun, non-competitive class and learn the basics of Fox Trot, Waltz, Tango, West Coast Swing, Rumba and Cha Cha. No partner necessary. We'll switch partners throughout the night. Please wear shoes with leather soles.

**Instructor**: Shall We Dance

Location: Community Room in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)		
5106.601	Beg	16 & older	11/7-12/19	M	7:30pm-8:45pm	\$63/\$73		
5106.101	Beg	16 & older	1/9-2/27	M*	7:30pm-8:45pm	\$47/\$54		
*No class 1/16, 2/20								

### Ballroom II (16years & older)



Get ready for holiday parties! Join this fun, non-competitive class and learn the basics of Fox Trot, Waltz, Tango, East Coast and Street Swing, Rumba and Cha Cha. No partner necessary. We'll switch partners throughout the night. Please wear shoes with leather soles.

**Instructor**: Shall We Dance

Location: Community Room in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)		
5106.602	Int/Adv	16 & older	11/7-12/19	М	8:45pm-10:00pm	\$63/\$73		
5106.102	Int/Adv	16 & older	1/9-2/27	M*	8:45pm-10:00pm	\$47/\$54		
*No class 1/16, 2/20								

Dance continued on next page >

# teens & adults

### Dance (cont.)

### Belly Dance I (16years & older)

RY•I

Looking for a fun way to get in shape? Learn Middle Eastern dance steps while increasing body awareness, muscle tone and flexibility. Perfect for the first time student, this class starts with dance fundamentals and focuses on technique. It covers basic body positioning, introductory dance moves and finger cymbals. No dress requirements; just wear comfortable clothing. After one year of enrollment in Beginning class, participants may sign up for Intermediate. Participants may not be enrolled in both Beginning and Intermediate Belly Dance at the same time.

Instructor: Alcina

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5108.601	Beg	16 & older	11/1-12/20	Tu*	6:30pm-7:30pm	\$56/\$63
5108.101			1/10-2/28	Tu*	6:30pm-7:30pm	\$56/\$63
*No class 1	1/22, 2/14					

Belly Dance II (16years & older)



For students who have had at least one year of belly dance training and are familiar with Middle Eastern dance moves, this class emphasizes dance combination and drum solos. This level also focuses on learning various Middle Eastern dance rhythms. Bring zills to first class. Participants may not be enrolled in Beginning and Intermediate Belly Dance concurrently.

Instructor: Alcina

**Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5109.601	Int/Adv	16 & older	11/1-12/20	Tu	7:30pm-8:30pm	\$56/\$63
5109.101	Int/Adv	16 & older	1/10-2/28	Tu*	7:30pm-8:30pm	\$56/\$63
*No class 2	/14					

### Hip Hop (13-17years)

Want to be a B-Boy or B-Girl, like the dancers in your favorite videos? Learn hip hop dance basics, like 4-step, 6-step, CCs and switchbacks. Our experienced, caring teacher breaks it down for you in this fun, non-competitive class. You'll learn to count music, dance with strong movements, develop your own style and confidence to perform in front of a group. Age-appropriate music is carefully selected from current hits.

**Instructor**: Kenyatta Ali

Location: Community Room in the Recreation Center Builling

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
2166.602	Beg	13-17	11/7-12/12	M	6:00pm-7:00pm	\$48/\$54
2166.102	Beg	13-17	1/9-2/27	M*	6:00pm-7:00pm	\$48/\$54
*No class 1/	6 2/20					

### Salsa I (16years & older)



Looking for some spice in your life? Learn to Salsa! This class will prepare you for the dance floor by introducing you to basic steps and patterns for today's hottest dance craze. Wear leather-soled shoes that will stay firmly on your feet and allow you to spin safely. No tennis shoes, platform shoes or sandals. No partner necessary.

**Instructor**: Shall We Dance

Location: Ballroom in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5133.601	Beg	16 & older	11/8-12/20	Tu	7:30pm-8:45pm	\$63/\$73
5133.101	Beg	16 & older	1/10-2/28	Tu*	7:30pm-8:45pm	\$55/\$63
*No class 2/1	4					

### Bhangra Dance (13years & older)

Bhangra is a lively, joyful dance style from the Punjab region of India. Popluarized by Bollywood, bhangra was originally danced by farmers as they worked. Many basic steps are derived from farming activities like ploughing, sowing and harvesting. Dancing to the beat of the dhol

drum will get your hips shaking, arms moving and feet stomping for a fun, intense cardio workout.

Where: Ballroom in the Recreation Center

When: Wed., with Dholrhythms' Vicki Virk,

6:30pm – Beginning 7:30pm – Intermediate

Cost: \$12 per class drop-in fee (\$33 for a 3-class pass, \$50 for a 5-class pass)

For more information, please call (408) 730-7725

### Chinese Folk Dance (8-15years)

Chinese folk dance is varied and colorful, including graceful ribbon dances, beautiful fan dances, and energetic Mongolian dances. Learn a variety of tranditional dances, representing different regions and ethnic minority groups within China. Students learn basic steps, built upon a classical ballet foundation, and prepare for performances in the community.

Where: Theater Dance Studio When: Sunday, 9:00am-3:00pm, with Chinese Folk Dance Association Cost: \$45 per month

For more information, or to find out class times by age, please call **(408) 446-1807**.

### Israeli Folk Dance (13years & older)

Enjoy the evening in an energetic and inspiring way. Israeli folk dance in a circle, in a group or with a partner in rhythmic and dynamic movement. The evening starts with a 45–minute lesson followed by dancing to your requests.

> Where: Ballroom in the Recreation Center When: Mondays with Loui Tucker, 7:45pm-11:00pm Cost: \$6 at the door

Please call (408) 730-7725 for more information.

Salsa II (16years & older)

TRY !

For the Salsa dancer with previous experience, this class explores more advanced moves to show off on the dance floor. Wear leather-soled shoes that will stay firmly on your feet and allow you to spin safely. No tennis shoes, platform shoes or sandals. No partner necessary.

**Instructor**: Shall We Dance

**Location**: Ballroom in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5133.602	Int/Adv	16 & older	11/8-12/20	Tu	8:45pm-10:00pm	\$63/\$73
5133.102	Int/Adv	16 & older	1/10-2/28	Tu*	8:45pm-10:00pm	\$55/\$63
*No class 2/	14					

Swing (16years & older)

TRY D

Come join the fun. Learn to swing dance to your favorite tunes like "Jump Jive and Wail" and "Zoot Suit Riot." This class will teach basic steps in Street and East Coast Swing. Wear leather-soled shoes that will stay firmly on your feet and allow you to spin safely. No tennis shoes, platform shoes or sandals. No partner necessary.

**Instructor**: Shall We Dance

Location: Ballroom in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5136.601	Beg	16 & older	11/8-12/20	Tu	6:15pm-7:30pm	\$63/\$73
5136.101		16 & older		Tu*	6:15pm-7:30pm	\$55/\$63

\*No class 2/14

### Swing & Salsa For Teens (14-18years)

Learn to Swing dance and Salsa like they do in Mad Hot Ballroom and Dancing with The Stars. This class is just for teens. No partner necessary. Wear leather-soled shoes that will stay firmly on your feet when your're really dancing. No tennis shoes, platforms or sandals.

**Instructor**: Shall We Dance

Location: Ballroom in the Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5135.601	Beg	14-18	11/8-12/20	Tu	4:00pm-5:15pm	\$63/\$73
5135.101	Beg	14-18	1/10-2/28	Tu*	4:00pm-5:15pm	\$55/\$63
*No class 2	/14					

### Square Dancing (18years & older)

Modern Western Square dancing is a fun, friendly, sociable activity for dancers of all ages and ability levels. As an added benefit, an evening of square dancing provides a gentle cardiovascular workout, equivalent to a three-mile walk, to help burn calories and keep bones strong. Keep your memory strong, too, as you learn and practice the 100 internationally recognized square dance calls. Each lesson adds new steps and formations to your repertoire. The first sessions (7:00-8:30pm) focuses on beginning to mainstream calls for newer dancers. The second session (8:30-10:00pm) adds more challenging calls to plus level. No partner or experience needed. Dress is casual. Wear comfortable shoes.

#### FIRST NIGHT IS FREE!

Location: Murphy Park Building, 260 N. Sunnyvale Ave.

When: Tuesdays, 7:00pm-10:00pm with Single Squares (New classes begin the first Tuesday of January, May and September. First-time dancers must start at the beginning of a class. Returning dancers are welcome to join anytime.

Fee: \$15/month at the door—First night FREE.

For more information, please call (408) 996-0174

**Tap I** (15years & older)



This class is for adults and teens who have never tap danced before or for anyone wanting a review. Class covers tap techniques, traveling steps and simple dance combinations with plenty of time to practice new skills. No dance experience is necessary.

Instructor: TBD

Location: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5140.601	Beg	15 & older	11/3-12/15	Th*	5:30pm-6:30pm	\$48/\$54
5140.101		15 & older		Th	5:30pm-6:30pm	\$56/\$63
*No class 11	1/24					

### Tap II (15years & older)



Emphasis in this class is on technique to acquire crisp, clean, clear sounds, leading to increased agility, speed and accuracy. Class introduces riffs, pullbacks, time steps and wings, with longer and more complex combinations. Previous tap dancing and knowledge of basic tap steps is essential.

**Instructor**: Bonnett Saussol **Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5140.602	Int/Adv	15 & older	11/3-12/15	Th*	7:30pm-8:30pm	\$48/\$54
5140.102	Int/Adv	15 & older	1/12-2/23	Th	7:30pm-8:30pm	\$56/\$63
*No class 1	1/24					

### **Tap III** (15years & older)



For students who are proficient in tap technique and skills, this class offers coaching to improve wings, pullbacks and more complex steps. Combinations are fast moving and challenging, using more intricate and rythmic footwork.

**Instructor**: Bonnett Saussol **Location**: Theater Dance Studio

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5140.603	3	15 & older	11/3-12/15	Th*	6:30pm-7:30pm	\$48/\$54
5140.103	3	15 & older	1/12-2/23	Th	6:30pm-7:30pm	\$56/\$63
*No class 1	1/24					

# teens & adults

### Music

### Guitar (13years & older)

Do you want to be a rock star, or do you just want to be able to play your old guitar around the campfire? This is a great beginner class, taught with enthusiasm and encouragement. Teacher provides expert instruction on strumming chords and finger picking, crash course in reading music and plenty of individual attention. Class uses an easy-to-understand workbook that includes a practice CD. You can dramatically improve your skills in 8 weeks, simply by practicing daily at home between class meetings. Bring your own nylon or steel string acoustic guitar and music stand. A non-refundable \$10 supply fee for workbook due to instructor at first class meeting.

**Instructor**: Phillip Vargas

Location: Tuesday; Boardroom in the Recreation Center Thursday; Neighborhood Room in Recreation Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5402.601	Beg	13 & older	11/8-12/20	Tu	5:15pm-6:30pm	\$55/\$63
5402.602	Int/Adv	13 & older	11/3-12/15	Th*	5:15pm-6:30pm	\$47/\$54
5402.101	Beg	13 & older	1/10-2/28	Tu*	5:15pm-6:30pm	\$55/\$63
5402.102	Int/Adv	13 & older	1/5-2/23	Th	5:15pm-6:30pm	\$63/\$73
*No class 11	/24, 2/14	!				

### Piano Keyboard (13years & older)

Learn basic piano skills, music reading and theory. Noteworthy Music School teaches principles of rhythm, melody, harmony and ear training with the aid of portable keyboards. Teacher coaches each student one-on-one, and students progress at their own pace with workbook series. Practice at home on a piano or keyboard is recommended. Adult classes include students of all levels. Non-refundable materials fee of \$15 for workbook is due to instructor at first class meeting. A tonally-accurate keyboard is provided for each student during class; please bring a set of headphones.

Instructor: Noteworthy Music School

Location: Meeting Room in the Creative Arts Center

Class #	Age	Dates	Day	lime	Fee (Res/NR)
5406.601	13 & older	11/2-12/21	W*	7:30pm-8:15pm	\$63/\$74
5406.602	13 & older	11/2-12/21	W*	8:15pm-9:00pm	\$63/\$74
5406.101	13 & older	1/11-3/1	W	7:30pm-8:15pm	\$72/\$84
5406.102	13 & older	1/11-3/1	W	8:15pm-9:00pm	\$72/\$84
*No class 11	1/23				

### Voice (13years & older)

No more lip-syncing! Sing out with confidence in any situation, after learning how the voice works and how to make the most of yours. This fun class is perfect for music lovers who sing in the shower or car, but dream of performing at the karaoke bar or auditioning for American Idol. Each class session provides a great voice warm-up, group singing and individual instruction tailored to your ability level and goals. You'll practice good tone production, correct breathing, basic music reading, even microphone technique in an intimate, supportive environment. As an added bonus, this class also improves your public speaking voice and ability to project comfortably in front of crowd. Lab fee of \$20 is due to instructor at first class meeting for handbook, vocal exercises CD, sheet music and practice CD.

Instructor: Patricia Nicolas

Location: Community Room in the Recreation Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5410.601	13 & older	11/2-12/14	W*	6:00pm-7:30pm	\$41/\$45
5410.101	13 & older	1/11-3/1	W	6:00pm-7:30pm	\$54/\$60
*No class 11.	/23				

### **Special Interest**

### **Drivers Education** (15-18years)

This course meets the State of California requirement to obtain a driver's instruction permit. The class is 30 hours long and does not include behind the wheel instruction. Upon completion of this course, the student will receive a Certificate of Completion of Classroom Driver Education. Students must attend all sessions in order to receive the DMV Completion Certificate. Student must be 15 1/2 to get an instruction permit. A lunch break is provided. Please bring a bag lunch.

**Instructor**: Economic Driving School #2430 **Location**: Paint Room in the Creative Arts Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5306.601	15-18	12/10-12/18	SaSu	8:30am-4:00pm	\$103/\$130
5306.101	15-18	2/18-2/26	SaSu	8:30am-4:00pm	\$103/\$130

### **Sports & Fitness**

### ABC Fitness (16years & older)

Join an All Body Conditioning class to energize and revitalize your body. Emphasis on toning, strengthening, flexibility and cardio fitness using hand weights and various equipment with a qualified personal trainer. Hand weights are required as well as appropriate workout attire

**Instructor**: Janice Murphy **Location**: Heritage Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5606.601	16 & older	11/7-12/16	MWF*	9:10am-10:10am	\$75/\$87
5606.101	16 & older	1/4-2/24	MWF*	9:10am-10:10am	\$105/\$121
*No class 11	/21, 11/23, 11/2	5, 1/16, 2/20			

# Aerobics (16years & older)

Exercise routines choreographed to music. Adventurous exercisers can choose between high and low impact variations of different aerobic moves. The workout also combines floor work with stretching and toning with 1-3 lb weights, if desired. Participants bring weights and a mat. Ages 12-15 may register with parent.

**Instructor**: Christine Sabooni **Location**: Senior Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5615.601	16 & older	11/7-12/12	MW*	7:00pm-8:30pm	\$50/\$57
5615.101	16 & older	1/9-3/1	MW*	7:00pm-8:30pm	\$60/\$69
*No class 11	/9, 1/11, 1/16, 2	2/8. 2/20			

### Badminton (14 years & older)

Class structured to review fundamentals and provide play opportunity. Beginners need no previous experience. Bring a racquet and shuttlecocks.

**Instructor**: Terence Chua **Location**: Indoor Sports Center

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5602.601	Beg	14 & older	11/1-12/13	Tu	7:00pm-9:00pm	\$42/\$56
5602.101		14 & older		Tu	7:00pm-9:00pm	

### **Gymnastics Teen Girls** (13-18years)

This class is meant to develop and support the high school age person interested in, or already involved with, high school gymnastics. Perfect for the teenager interested in preparing for a high school gymnastics season, and for the former gymnast who understands the need for regular training, but who doesn't want to commit to the private program training requirements and year round competitions. This class is meant to develop and support the high school age person interested in, or already involved with, high school gymnastics. Perfect for the teenager interested in preparing for a high school gymnastics seasons, and for the former gymnast who understands the need for regular training, but who doesn't want to commit to the private program training requirements and year round competitions.

**Instructor**: California Sports Center **Location**: Indoor Sports Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
3813.601	13-18	10/24-12/12	M	6:30pm-7:25pm	\$84/\$94
3813.602	13-18	10/26-12/14	W	6:30pm-7:25pm	\$84/\$94
3813.101	13-18	1/2-2/20	M*	6:30pm-7:25pm	\$74/\$84
3813.102	13-18	1/4-2/22	W	6:30pm-7:25pm	\$84/\$94

\*No class 1/16

### **Meditation** (16years & older)

Meditation is a natural medicine for the mind. There will be deep breathing, guided meditation, and relaxation. Learn to go inside into a peaceful place and find calmness that can be carried into your everyday life.

**Instructor**: Robin Pickel

Location: Community Room in the Recreation Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5607.601	16 & older	11/5-12/17	Sa*	11:10am-11:55am	\$44/\$54
5607.101	16 & older	1/7-2/25	Sa	11:10am-11:55am	\$59/\$72

\*No class 11/26

### Pilates: Back & Abs (16years & older)

This class is designed to include a series of mind/body relaxation movements, flexibility, and strengthening. The focus is on trunk stabilization and postural alignment. Mat required.

**Instructor**: Janice Murphy **Location**: Senior Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5750.601	16 & older	11/8-12/15	TuTh*	6:30pm-7:30pm	\$50/\$58
5750.101	16 & older	1/5-2/23	TuTh	6:30pm-7:30pm	\$75/\$87

\*No class 11/22, 11/24

### Rock Climbing-Adult (18years & older)

Interested in a new fitness alternative? Try rock climbing! Climbing is about strategy: body position, hand placement, and footwork. It's about working with the rock to get yourself to the next hold. Rock climbing builds great strength, but doesn't require strength to get started! During this four week class, you'll learn basic technique and safety skills needed for climbing, and you'll have the opportunity to meet other climbers.

**Instructor**: Planet Granite

Location: 2901 Mead Ave. in Santa Clara

Class #	Level	Age	Dates	Day	Time	Fee (Res/NR)
5320.101	Beg	18 & olde	r 1/19-2/9	Th	7:00pm-9:00pm	\$165/\$175

### Taijiquan I (18 years & older)

With its slow-motion dance-like movements, this traditional Chinese martial art is a gentle, but very effective, form of exercise for the body and mind. Regular practice can improve balance, flexibility and strength. Because the movements require mental focus, Taijiquan also serves as a stress-reducing meditation. This beginning class teaches the 30-step Yang Style short form and is suitable for all ages. Wear loose, comfortable clothing. No black-soled shoes, please.

**Instructor**: Larry Young

Location: Theater Dance Studio

Class #	Level	Dates	Day	Time	Fee (Res/NR)
5138.601	Beg/AdvBeg	11/9-12/14	W*	6:30pm-7:30pm	\$36/\$42
5138.101	Beg/AdvBeg	1/11-3/1	W	6:30pm-7:30pm	\$48/\$56
*No class 11/	23				

### Taijiquan II (18 years & older)

For students who have already mastered the short form, this class challenges students with the traditional Yang-style 85-step long form. Class includes drills with and without partners and more in depth explanation of self-defense applications. Teacher provides advanced students with individual coaching in sword and saber form. No black-soled shoes, please.

**Instructor**: Larry Young

Location: Theater Dance Studio

Class #	Level	Dates	Day	Time	Fee (Res/NR)
5139.601	Int/Adv	11/9-12/14	W*	7:45pm-9:00pm	\$41/\$49
5139.101	Int/Adv	1/11-3/1	W	7:45pm-9:00pm	\$55/\$65

\*No class 11/23

### Volleyball

### (16years & older)

Skills taught are team-play oriented with a fun atmosphere. Students should know rules and be able to pass, dig, set, serve and spike the ball. This is not a beginner class.

**Instructor**: Tom Jack

Location: Indoor Sports Center						
Class #	Level	Age	Dates			
Day	Time	Fee (Re	es/NR)			
5608.601	Int/Adv	16 & older	11/7-12/12	М	8:00pm-10:00pm	\$47/\$53
5608.101	Int/Adv	16 & older	1/9-2/27	M*	8:00pm-10:00pm	\$47/\$53
*No class 1	/16, 2/20					

Sports & Fitness continued on next page >

### Sports & Fitness (cont.)

### Yoga for Fitness (16years & older)

Open to men and women wishing to develop flexibility and body control via stretching routines and postures. Foam rubber mat is recommended.

**Instructor**: Betty Strain

Clas	s#	Age		Dates		Day	Time	Fee (Res/NR)
Loc	ation	: Braly P	ark					
5612	2.601	16 & old	ler	11/3-12/	15	Th*	7:00pm-8:30p	om \$45/\$56
5612	2.101	16 & old	ler	1/5-2/23		Th	7:00pm-8:30p	om \$60/\$74
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**Location**: Community Room in Recreation Center

		,			
5612.602	16 & older	11/4-12/16	F*	9:30am-11:00am	\$45/\$56
5612.102	16 & older	1/6-2/24	F	9:30am-11:00am	\$60/\$74

\*No class 11/24, 11/25

Yoga Lite (16years & older)

Enjoy yourself in this fun filled class while learning the breathing techniques and postures of Yoga. This light-hearted approach to Yoga will lift your spirit and strengthen your body. Wear lose clothes and bring a mat.

**Instructor**: Robin Pickel

Location: Community Room in the Recreation Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5614.601	16 & older	11/5-12/17	Sa*	9:30am-11:00am	\$44/\$54
5614.101	16 & older	1/7-2/25	Sa	9:30am-11:00am	\$59/\$72

\*No class 11/26

### **Yoga for Wellness** (16years & older)

Stressed out? Need to relax? This class will have lasting benefits in your life. The practice of Yoga will improve your overall health and release tension and stress. No experience necessary-all levels welcome. Please bring one blanket or two towels, and a yoga mat.

**Instructor**: Barbel Schuhmacher

Location: Neighborhood Room in the Recreation Center

Class #	Age	Dates	Day	Time	Fee (Res/NR)
5613.601	16 & older	11/1-12/13	Tu	6:00pm-7:30pm	\$58/\$70
5613.101	16 & older	1/3-2/28	Tu	6:00pm-7:30pm	\$75/\$90

# Two Last-minute Additions WITH PARENTS AND THEIR BABIES

### Baby Sign & Parent Workshop (for parents with children up to 36 months of age)

The Baby Sign & Parent Workshop is a one-day workshop designed for parents of children from birth to 36 months. You will learn all you need to know to begin signing with your baby at home. The price of the workshop includes the Baby Signs Parent Kit to help you incorporate what you learn into your daily routines with your baby. This workshop is designed for adultsbabies/children should not accompany parents. The Kit includes: The Baby Signs Parent Guide, a Welcome to the Baby Signs Program DVD, My Baby Signs Sampler DVD, a Signs at a Glance Flipper, and my Baby Signs Bookmark. Fee is per couple (one parent only fee is \$75 for Resident, \$85 for Non-resident) Fees for one- and two-day classes are non-refundable and non-transferable.

Location: Laurel Room in the Sunnyvale Senior Center **Instructor**: Cara Ortiz

Class #	Dates	Day	Time	Fee (Res/NR)
1007.601	11/19	S	11:00am-12:30pm	\$80/\$90

### Sign, Say, and Play (for parents and their children between 9 and 24 months of age)

The Sign, Say, and Play class is a six week series offering parents and babies a fun environment for learning all the basics of signing. The combination of classroom experience and the proper tools for learning at home give you and your baby a great start in developing communication skills. Price includes Baby Signs Resources Kit to make signing at home fun and easy! The Kit, which will be handed out at the second class meeting, includes: My First Signs DVD, My First Fun Signs Board Book, More Fun Signs Board Book, Quick Reference Guide, and Higgeldy, Bobbeldy-Boop! Music CD and Song Book

Location: Laurel Room in the Sunnyvale Senior Center **Instructor**: Cara Ortiz

Class #	Dates	Day	Time	Fee (Res/NR)
1008.101	1/21-2/25	S	11:00am-11:45am	\$145/\$155

# therapeutic recreation

The purpose of the Sunnyvale Therapeutic Recreation Program is to facilitate the development, maintenance and expression of a healthy and meaningful recreation lifestyle for individuals with physical, mental, emotional or social limitations. Accordingly, this purpose is accomplished through the provision of professional programs and services which assist participants in eliminating barriers to recreation, developing recreation skills and attitudes,

and optimizing recreation involvement. Our goal is to provide participants with successful leisure experiences through which they will gain social skills, independent recreation skills, selfesteem, a sense of accomplishment, and the ability to cooperate and socialize with others. For class information and program fees and dates, or if you would like to be on our mailing list, please call (408) 730-7624.

### classes

### Friday Night Fun

Enjoy outings such as movies, sporting events, concerts, and more. Additional cost may be required for each activity.

Ages: 18 and older Alt. Friday, 6:30-9:30pm Location: Varies

### Saturday of Experience

A full day of recreation and socialization activities for young adults that includes outings, arts and crafts, drama and music, current events, exercise and sports and games. Bring a bag lunch.

Ages: 18 and older Saturday, 10:00am-3:00pm Location: Serra Park Building 739 The Dalles Ave.

#### Saturday Schedule

10:00am-10:15am . . . Welcome, social time 10:15am-11:00am.... Exercise 11:00am-Noon . . . . . Cooking Noon-1:00pm . . . . . Lunch 1:00am-2:00pm . . . . Activity: Sports/ Drama/ Music

2:00pm-2:45pm . . . . Art

2:45pm-3:00pm . . . . Clean up

# sports & exercise

### **Bowling**

Bumper lanes are used, shoes and adaptive equipment are provided. Ages: 18 and older

Thursday, 3:30-5:00pm Location: Homestead Lanes 20990 Homestead Rd

#### Tennis

Develop your basic tennis skills. Equipment provided. Ages: 18 and older

Monday, 4:00-5:00pm Location: Tennis Center 755 S. Mathilda Ave.

#### Stretch & Tone

For individuals with chronic illnesses, such as Multiple Sclerosis. Exercises, which are performed seated, are designed to enhance range of motion and flexibility. Co-sponsored by the Multiple Sclerosis Society.

Ages: 18 and older Saturday, 11:00am-12:00pm Location: Murphy Park Bldg. 260 N. Sunnyvale Ave.

### Baseball

Sunnyvale Metro Challenger baseball for children with disabilities.

For more information call (408) 243-KIDS.

### Soccer

AYSO provides soccer programs for children with disabilities, ages 4-19 years, at no cost.

For more information call (408) 739-AYSO or check out their website: www.soccer.org

# special events

### Santa Clara County **Special Olympics**

Provides year round athletic training and competition for qualified participants.

For more information, please call the Santa Clara County Special Olympics' (SCCSO) office at (408) 267-2734.

#### **CO-OP Dances**

Dances are sponsored by the:

- Cupertino Parks and Recreation Therapeutic Program,
- · San Jose Office of Therapeutic Services,
- · Santa Clara Parks and Recreation Therapeutic Program and, of course,
- Sunnyvale Therapeutic Recreation Program.

Admission is \$5 per person, payable at the door. Oct. 21, 2005 San Jose

Dec. 9, 2005 Santa Clara Cupertino Feb. 10, 2006

### COVE FEED OFF THE ENERGY



LIVE MUSIC! LIVE MUSIC! LIVE MUSIC!

www.thecrashinsunnyvale.com

SG

"Crash" with your friends and check out live bands and meet other high school teens from all over the bay area.

Shows are currently scheduled on one Saturday night a month at Fair Oaks Park (540 N. Fair Oaks Ave., Sunnyvale).

### Requirements: High School Teens Only. ID Required.

Note: You do not have to be in high school to perform.

If you are in a band, and are interested in booking a show, or if you would like more information about The Crash, please call (408) 730-7741 or check out our website at: www.thecrashinsunnyvale.com



Boys and girls (1st - 8th grades), who are Sunnyvale residents or attend school within the City of Sunnyvale boundaries, have priority in registering for this exciting youth basketball program. The basketball league is sponsored by the City of Sunnyvale Parks & Recreation Department. Registration information for the Sunnyvale Youth Basketball League (SYBL) and clinic will be sent home through the public schools in late September or can be picked up at the Sunnyvale Community Center beginning September 26, 2005. Sign-ups will be taken on a **first-come**, **first-served** basis so don't wait until the last minute. Space is limited.

#### Registration begins September 30, 2005

Play runs from January to March 2006

Teams are organized by grade level. We can not guarantee special requests for team assignments, practice nights, locations or coaches. Teams fill up quickly, so sign up on September 30 and don't miss out.

### BE AN OFFICIAL!

Youth Basketball Officials

for the City of Sunnyvale

Park & Recreation Department's

Sunnyvale Youth Basketball League (SYBL)

Saturdays, January-March 2006

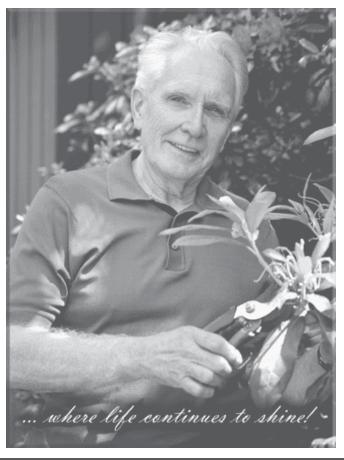
Please call (408) 730-7721 for information. This part-time position is open to individuals 16 years and older.

### BE A SYBL COACH!

Call (408) 730-7721 for more information.

# for the young at heart

# Sunnyvale Senior Center



### Are you 50 years or older?

Come experience a real oasis of Older Adult Services in Silicon Valley. The Sunnyvale Senior Center, whose architecture won a design award from the California Parks and Recreation Society, is located adjacent to the Heritage Orchard and next to the Recreation Center building in Sunnyvale's Community Center complex.

Individuals ages 50 and older may enjoy the Center's amenities, including: billiard room, fitness room, meeting rooms, creative arts center, lounge, and the spacious Orchard Pavilion for dancing and movement classes.

The Sunnyvale Senior Center offers:

- a wide array of classes to challenge your mind, your body, and your spirit, including tai chi, yoga, language arts, literature, flower arranging, watercolor and personalized fitness
- a trip program that offers day-long trips that visit interesting places throughout the Bay Area, as well as

- extended trips that visit places such as Puget Sound and New England—to witness the fall colors
- a variety of clubs to grab almost any interest, including the computer club, the grandmothers club, the Red Hat club, and the Lawn Bowls club to name just a few
- free services, including a weekly blood pressure check, health insurance counseling, notary services, and income tax assistance

Become a member of the Senior Center and start reaping the benefits today. Annual membership fee for residents of Sunnyvale is only \$16.00 (that's less than \$2/month); non-resident membership fee is \$24.00. As a member, you receive mailings of the senior center activity guides and trip newsletters.

Stop by the Sunnyvale Senior Center today, or give us a call at (408) 730-7360.

### Adult Sports Leagues

The City of Sunnyvale Parks and Recreation Department offers leagues in each of the sports below for teams interested in playing other teams

**Basketball** – 10 week season + playoffs Winter: early January thru late March Spring/Summer: early April thru late June Fall: early September thru early December

**Softball** – 7 week season + playoffs Spring: late March thru early June Summer: Mid June thru Mid August Fall: early September thru late October

**Volleyball –** 8 week season + playoffs Winter: early January thru mid March Spring: late March thru early June Summer: late June thru late August Fall: Late September thru Mid November.

Registration is for teams only. Individuals can call to be placed on a waiting list for players looking for a team. For registration information call (408) 730-7334.

GB

### Columbia DROP-IN GYM

Columbia Neighborhood Center 785 Morse Avenue, Sunnyvale

For all Middle & High School Students Only

### Youth Basketball\*

Fridays 7-10pm Fee: 50¢ Saturdays 7-10pm Fee: 50¢

### Youth Soccer\*

Mondays 7-9pm Fee: 50¢ Wednesdays 7-9pm Fee: 50¢

VOLLEYBALL

Tuesday 5:00-7:00pm

For more information, call (408) 730-7334

\*Due to liability concerns, we do not allow adults to participate in games against students. Thanks for your cooperation.

GB

# Adult Drop-In Gym

Sunnyvale Indoor Sports Center • 550 E. Remington Drive

### BADMINTON

Monday thru Friday 11:30am-1:30pm

Tuesday 5:00-7:00pm

\*Saturday 3:30-5:30pm & 5:45-7:45pm \*Sunday 12:30-2:30pm & 2:45-4:45pm

Must be at least 16 years of age or older to

Must be at least 16 years of age or older to participate unless supervised by parent or legal guardian (Badminton only)

Individual drop-in fee: \$5 per visit

Spectators must also pay the fee

\* Two separate sessions separate fee charged. Discount passes available: Sunnyvale Resident (10 visit pass \$40) Non-Resident (10 visit pass \$45)

GB

### **Golf Courses**

The City of Sunnyvale offers 27 challenging holes to the golfing public.

### **Sunnyvale Golf Course**

605 Macara Lane (408) 738-3666

Sunnyvale Golf Course is a par 70 regulation 18-hole course with numerous bunkers, dog legs and water holes. Sunnyvale is a well-manicured test of the player's skill stretching out to 6,255 yards.

### Sunken Gardens Golf Course

1010 S. Wolfe Road (408) 739-6588

Sunken Gardens Golf Course is a 9-hole, 1,502 yard executive course. Sunken Gardens is ideal for the beginning golfer, and offers ample practice facilities and shorter length holes.

The driving range is open 364 days a year from 7:00am-9:00pm (except Wed's closings are at 7pm and Thur's openings are at 9:30am). Eighteen (18) range stalls are available to the public for practice, warm-up before play, or for excercise/therapy. Golf clubs, if needed, are available at no extra charge. Please note that the range is well lit for evening practice.

**Green Fees:** Please call appropriate golf shop for current green fee and discount play card rates.

**Monthly Discount Cards** offer unlimited play Monday through Thursday for each calendar month (excluding holidays).

Sunnyvale Advantage Card for any Sunnyvale resident.

**Golf Discount Card** for any golfer 16 years and under; 60 years and over or disabled.

#### Reservations

Weekdays — Sunnyvale residents may place reservations for weekday play beginning seven (7) days in advance in person when the pro shop opens for the day until 6:30am. All golfers may place phone reservations after 6:30am seven (7) days in advance.

Weekends & Holidays — Sunnyvale residents may place reservations for weekend/holiday play beginning Monday prior to the weekend/holiday in person from 6:00am to 6:30am. All golfers may place phone reservations beginning 6:30am on that same Monday.

### **Golf Lessons**

Please call the Sunken Gardens Golf Shop, 739-6588 for class registration information!

### **Group Golf Lessons**

### Saturday Drop-In Clinics - All Skill Levels Welcome

Does your golf game need a tune-up? Drop by the Sunken Gardens Driving Range for a one hour instructional clinic. These clinics will provide assistance for any area of your game in need of improvement. Sign-ups are on a first-come, first-served basis.

**Location**: Sunken Gardens Driving Range **Instructors**: Hank Pollex, P.G.A. Class "A"

Cheryl Pastore, L.P.G.A. Master Professional Jerry Thormann, P.G.A. Class "A"

Dates	Day	Time	Fee (R or NR)
11/5-12/17	Sa*	11:00am-12:00pm	\$15/person
1/7-2/25	Sa	11:00am-12:00pm	\$15/person

\* No class 11/26

Notes: 1) The one-hour clinic requires a minimum of four students, with a maximum of eight.

- Student is required to purchase range balls for their lesson (\$6, \$7, or \$8, depending on how many balls the student wishes to hit).
- 3) If golf clubs are needed, they will be provided at no extra charge.
- Sign up in person at the Sunken Gardens Golf Shop the morning of the scheduled clinic.
- 5) It is important to call the Golf Shop (408) 739-6588 on the morning of the clinic to be sure that the clinic will be held as scheduled.

#### **Junior Golf Clinics (8-16years)**

Some Junior Golf clinics may be available during the week before and after Christmas for \$15/person. Please call the Golf Shop (408) 7396588) after December 8, if you are interested in such an offering.

### Private Golf Lessons

Private Instruction is also available. Please call the Golf Shop at (408) 739-6588 for current information.

Sunken Gardens' Pro Shop

# **Tennis Center General Information**

### Location

755 South Mathilda Avenue

#### **Phone**

(408) 732-2130

### **Hours of Operation**

Monday-Friday . . . . . . 8:30am - 10:00pm Saturday & Sunday . . . . 8:30am — last reservation (Max 10:00pm)

Resident court reservations may be made in person or by phone, eight days in advance.

#### **Court Fees**

Time	Resident	Non-resident
Weekdays 8:30am-4:00pm	\$8/hr	\$10/hr
Weekdaya ofter 4:00pm	\$10/hr	\$12/hr
Weekdays after 4:00pm	\$15/1.5 hrs	\$18/1.5 hrs
Ma akanda/Halidaya	\$9/hr	\$11/hr
Weekends/Holidays	\$15/1.5 hrs	\$18/1.5 hrs

#### **Levels of Tennis Instruction**

#### Beginning (less that NTRP 1.5)

No prior instruction. Will cover forehand, backhand, and serve.

### Advance Beginning (1.5 to 2.4)

*Prerequisite*: Beginning course or equivalent experience. Instruction in playing of sets, footwork, basic strategy and net play.

#### Intermediate (2.5 to 3.0)

*Prerequisite*: Beginning course or equivalent experience. Introduction to doubles strategy. Continuation of net play and hitting with more control.

#### Registration

The Tennis Center offers mail-in\* and phone-in registration, in addition to walk-in registration.

Monday-Friday . . . . . . 9:00am - 10:00pm Saturday & Sunday . . . . 9:00am - 5:00pm

\*Please enclose a self-addressed, stamped envelope for registration confirmation. Please see page 29 for the mail-in registration form.

### **Refund Policy**

Deadline for refunds is eight (8) days before the start of class.

### **Youth Lessons**

Youth lessons shown below are held at the Sunnyvale Tennis Center

### Weekday Lessons (5-12years)

**Notes**: Make-up Friday Groups of four

Half-hour lessons, twice weekly (3 weeks).

Level	Age	Day	Time	Fee (Res/NR)
Beg	5-6	MW	3:00pm-3:30pm	\$46/\$53
Adv Beg	7-8	MW	3:30pm-4:00pm	\$46/\$53
Int	9-12	MW	4:00pm-4:30pm	\$46/\$53
Adv Beg	7-8	MW	4:30pm-5:00pm	\$46/\$53
Beg	7-8	TTh	3:00pm-3:30pm	\$46/\$53
Adv Beg	7-8	TTh	3:30pm-4:00pm	\$46/\$53

 One hour lessons, twice weekly (3 weeks).
 Fee (Res/NR)

 Level
 Age
 Day
 Time
 Fee (Res/NR)

 Adv Beg
 9-12
 TTh
 4:00pm-5:00pm
 \$79/\$86

### **Youth Tennis**

- League
- Saturday
  - Superstars
- The goal of this weekly game-based program is to provide a comprehensive tennis education for each student, develop and challenge all levels of players from 6 to 16 years of age.
- Six 1½ hours lessons on consecutive Saturdays at Fremont High School.

•

Level	Age	Time	Group Size
Beginner	6-13	9:00am -	5 to 1 students
Adv Beginner	years	10:30am	
Intermediate	8-16	10:30am -	instructor
Adv Player	years	12:00pm	ratio

Sessions: II...... September 17 – October 22 III...... November 5 – December 17

Costs: \$135 Resident or Non-resident

To register call the Las Palmas Tennis Shop at (408) 732-2130

Youth lessons shown below are held at the various Park Sites indicated

### Jr. Weekday Lessons (9-16 years)

One-hour lessons (except MW 3-3:30), twice weekly (3 weeks)

Notes: Groups of four

Level	Day	Time	Location	Fee (Res/NR)
Beg	MW	3:30-4:30pm	Serra Park	\$69/\$76
Adv Beg	MW	4:30-5:30pm	Serra Park	\$69/\$76
Adv Beg	TuTh	3:30-4:30pm	Serra Park	\$69/\$76
Beg	TuTh	4:30-5:30pm	Serra Park	\$69/\$76
Beg	MW	3:30-4:30pm	Ponderosa Park	\$69/\$76
Adv Beg	MW	4:30-5:30pm	Ponderosa Park	\$69/\$76
Beg	TuTh	3:30-4:30pm	Braly Park	\$69/\$76
AdvBeg	TuTh	4:30-5:30pm	Braly Park	\$69/\$76
Tiny Tots	TuTh	3:00-3:30pm	Ortega Park	\$36/\$43
Beg	TuTh	3:30-4:30pm	Ortega Park	\$69/\$76
AdvBeg	TuTh	4:30-5:30pm	Ortega Park	\$69/\$76
Int.	TuTh	5:30-6:30pm	Ortega Park	\$69/\$76

### Jr. Saturday Classes (5-16years)

One-hour lessons (except Tiny Tots) on consecutive

Saturdays (6 weeks) **Notes**: Groups of four **Sessions:** I . . . . . 11/26-12/18\*

•

•

\*Special 4-week session

II ..... 1/28-3/4

Level	Age	Time	Location	Fee (Res/NR)
Beg	7-8	10:00-11:00am	Serra Park	\$69/\$76
Beg	9-16	9:00-10:00am	Serra Park	\$69/\$76
Adv Beg	9-16	11:00am-12:00pm	Serra Park	\$69/\$76
Int	9-16	12:00-1:00pm	Serra Park	\$69/\$76
Tiny Tots	5-6	8:30-9:00am	Ortega Park	\$36/\$43
Beg	9-16	1:00-2:00pm	Ortega Park	\$69/\$76
Adv/Beg	9-16	2:00-3:00pm	Ortega Park	\$69/\$76
Int	9-16	3:00-4:00pm	Ortega Park	\$69/\$76

### Las Palmas Junior Tennis Academy

"We will help your children reach their potential"

Our profession staff with Casey Louie, Ricoh Stasio, and U.S. Open Semi-finalist Brian Garrow will get the best out of your child's potential. Available to all levels of players.

8-week Sessions beginning January 16, 2006.

For rates and availability, contact Brian Garrow at the Las Palmas Tennis Shop, (408) 732-2130

### **Adult Lessons**

### Weekday Lessons (16years & older)

Location: Sunnyvale Tennis Center

**Notes**: Groups of four

One-hour lessons, twice weekly (3 weeks).

Level         Day         Time           Beg         MW         9:00am-10	Fee (Res/NR) 1:00am \$79/\$86
Beg MW 9:00am-10	:00am \$79/\$86
3	
Adv Beg MW 10:00am-1	1:00am \$79/\$86
Int MW 11am-12:0	0pm \$79/\$86
Beg MW 12:00pm-1	:00pm \$79/\$86
Beg MW 6:00pm-7:0	00pm \$79/\$86
Adv Beg MW 7:00pm-8:0	00pm \$79/\$86
Int MW 8:00pm-9:0	00pm \$79/\$86
Adv Beg TuTh 10:00am-1	1:00am \$79/\$86
Beg TuTh 11:00am-1	2:00pm \$79/\$86
Int TuTh 12:00pm-1	:00pm \$79/\$86
Int TuTh 6:00pm-7:0	00pm \$79/\$86
Beg TuTh 7:00pm-8:0	00pm \$79/\$86
Adv Beg TuTh 8:00pm-9:0	00pm \$79/\$86

### Saturday Lessons (16yrs & up)

Location: Sunnyvale Tennis Center

Notes: Groups of five

Sessions: I . . . . . 11/26-12/18\*

\*Special 4-week session

II ...... 1/28-3/4

One-hour lessons, consecutive Saturdays (6 weeks).

Level	Day	Time	Fee (Res/NR)
Beg	Sa	9:00am-10:00am	\$79/\$86
Adv Beg	Sa	10:00am-11:00am	\$79/\$86
Int	Sa	11:00am-12:00pm	\$79/\$86
Adv Beg	Sa	12:00pm-1:00pm	\$79/\$86
Beg	Sa	1:00pm-2:00pm	\$79/\$86

### Weekdays-Park Sites (16years & older)

One-hour lessons, twice weekly (3 weeks).

**Notes**: Groups of four Make-up on Friday

Sessions: I . . . . . . 11/15-12/8 II . . . . . 1/23-2/9 III . . . . . 2/20-3/9

Level	Day	rime	Location	
Adv Beg	MW	6:00-7:00pm	Serra Park	\$69/\$76
Int	MW	7:00-8:00pm	Serra Park	\$69/\$76
Adv Beg	MW	8:00-9:00pm	Serra Park	\$69/\$76
Int	TTh	6:00-7:00pm	Serra Park	\$69/\$76
Adv Beg	TTh	7:00-8:00pm	Serra Park	\$69/\$76
Beg	TTh	8:00-9:00pm	Serra Park	\$69/\$76

Adult tennis continued on next page >

### Adult (cont.)

### Saturdays-Park Sites (16years & older)

One-hour lessons on consecutive Saturdays (6 weeks).

**Notes**: Groups of four

**Sessions:** I . . . . . 11/26-12/18\*

\*Special 4-week session

II ..... 1/28-3/4

Level	Day	Time	Location	Fee (Res/NR)
Beg	Sa	9:00am-10:00am	Ortega Park	\$69/\$76
Adv/Beg	Sa	10:00am-11:00am	Ortega Park	\$69/\$76
Int	Sa	11:00am-12:00pm	Ortega Park	\$69/\$76

### **Strength & Conditioning—Get In Shape!** (14yrs & up)

Does one get in shape by playing tennis or get in shape to play tennis? The answer is both! If you are not in good condition, tennis is exercise. However, if you want to play good competitive tennis, then you need to get into shape.

We have a program that will get you going. Mark Shaban, NSCA certified personal trainer and USPTA certified tennis professional has developed this thorough work-out clinic. Proper form and technique emphasized and monitored.

All participants will go through some type of fitness testing at the start and at the end of the session. Call and sign-up (408) 732-2130. Groups of eight.

#### **Beginners (Recreational Players)**

An effective conditioning program will improve all players' performance regardless of age or ability! Class covers basic footwork patterns, developing a cardiovascular base (aerobic endurance) and basic strength training.

#### Intermediate-Advanced (Tournament/Adv. Players)

Improving strength and endurance will make one more competitive. Class consists of basic footwork pattern review, anaerobic development, power training and introduction to plyometrics, strength and balance training.

Location: Sunnyvale Tennis Center

One hour lessons, once or twice weekly (8 weeks).

Level	Day	Time	Fee (Res/NR)
Beg	М	6:00-7:00pm	\$93/\$99
Int - Adv Beg	M	7:00-8:00pm	\$93/\$99
Beg	F	6:00-7:00pm	\$93/\$99
Int - Adv Beg	F	7:00-8:00pm	\$93/\$99
Beg	MF	6:00-7:00pm	\$181/\$193
Int - Adv Beg	MF	7:00-8:00pm	\$181/\$193

### Sunday Lessons (16years & older)

Location: Sunnyvale Tennis Center

**Notes**: Groups of five

**Sessions:** I . . . . . 11/27-12/19\*

\*Special 4-week session

II ...... 1/29-3/5

One-hour lessons, consecutive Sundays (6 weeks).

Level	Day	Time	Fee (Res/NR)
Beg	Su	9:30am-10:30am	\$79/\$86
Adv Beg	Su	10:30am-11:30am	\$79/\$86
Int	Su	11:30am-12:30am	\$79/\$86

### Sunday Adult Drill & Play (16years & older)

This new clinic is designed for students who have completed our Intermediate course and are ready to play matches. This program will have a social element so bring your 100 watt smile.

Clinic includes: instruction; drills; practice on ball machine; and play for singles and doubles.

**Location**: Sunnyvale Tennis Center **Instructor**: Tennis Center Staff

 Session: I
 Call Tennis Center for

 II
 schedule (408) 732-2130

One hour lessons, once or twice weekly (8 weeks).

Level	Day	Time	Fee (Res/NR)
Intermediate (3.0-3.5)	Su	3:00-5:00pm	\$94/\$101
\$20 for drop-in play			

### **Drop-in Doubles Clinic**

The perfect place for those individuals who want to improve at doubles play–DROP IN; NO RESERVATIONS NEEDED.

U.S.P.T.A. & U.S.P.T.R. Certified Teaching Pro Rick Newman will be conducting these drill and play clinics.

Level	Clinc Level	Day	Time	Fee
Int	2.7-3.2	TuTh	11:00am-1:00pm	\$15/clinic
High Int Adv	3.3-4.2	TuTh	9:00am-11:00am	\$15/clinic

## Registration Form Registration begins Monday, October 24, 2005

The Tennis Center offers mail-in,\* phone-in, and walk-in registration. Monday-Friday 9:00am-10:00pm • Saturday & Sunday 9:00am-5:00pm

\*Please enclose a self-addressed, stamped envelope for registration confirmation.

Mail to: Sunnyvale Tennis Center 800 Russet Drive, Sunnyvale, CA 94087



Registrations further into the future can be made at the Sunnyvale Tennis Center 755 S. Mathilda Ave.

Tennis is a sport for life...

Sunnyvale & Tennis

- The perfect
combination.

Call 732-2130 today

Last Name Only:	roady _
Address:	Zip:
Home Phone: Work Phone:	
Ask For:	
Emergency Name: Number:	
In consideration of participation in a class or activity offered by the Park and Recreation Department of the City of Sunn Minor named above, agree to indemnify and hold the City of Sunnyvale harmless and hereby waive, release and discharg property damage which I and/or the Minor may have or which hereinafter may accrue to me and/or the Minor against the C and against any liability arising out of or connected in any way with my and/or the Minor's participation in this class or act on the part of the person or entities mentioned above. In understand that accidents and injuries can arise from participat to assume those risks on behalf of me and/or the above named Minor and to release and to hold harmless all of the person might otherwise be liable to me and/or the above named Minor (or my/our heirs or assignees) for damages. It is further unbeen freely entered into and is to be binding on my/our heirs and assigns. If have read and agree to the registration at that of the above named Minor for public publicity. By my signature below, I acknowledge that I have read this document is	le any and all claims for damage, for death, personal injury, bodily injury or City of Sunnyvale, its City Council, employees, agents, and volunteers from ivity, even though that liability may arise out of negligence or carelessness tion in this class or activity; knowing the risks, nevertheless, I hereby agree as or entities mentioned above whom (through negligence or carelessness) inderstood and agreed that this waiver, release and assumption of risks has and program policies. Further, I agree to allow use of my photograph and/or
Participant's Name: Check the appropriate box(es) and sign: ☐ Participant (if over 18 yea	 rs)⊡ Paren⊡ Legal Guardian
Signature	
Session Age if under 18 years <u>Level</u> <u>Days</u> <u>Time</u> <u>Loca</u>	<u>ation</u> <u>Fee</u>
1st Choice	
2nd Choice	
Check the appropriate box(es) and sign: ☐ Participant (if over 18 year	s)□ Parent□ Legal Guardian
Signature □ My check is attached. Make payable to: Las Palmas Tennis. NOTE: \$	20 charge on all returned chacks
Charge my: ☐ Mastercard ☐ Visa	30 charge on all returned checks.
Name of card holder	
Card No.   _  -    -    -    -    -    -    -    Expiration Date: 3 Digit Security Code (on back of card)	

# City Kabob

755 S. Mathilda Avenue

Located at the Sunnyvale Tennis Center

Great Food Served with a Smile!

Call in for pick-up or dine with us today.

(408) 732-0013

Tue-Sat 11am-9pm; Sun 11am-7pm



<b>Evenings o</b> 5 <sup>th</sup> Anniversa	of Cultural Arts ary Season	
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		<b>6</b>
6	www.sunnyvale.	
ase indicate your ticket o	rder below.	SPONSOPED

6

7

Per Order Handling Fee (for mail, fax, phone orders)

X \$20

**Total Amount Due** 

+ \$1

GA = General Admission S/S = Student/Senior	Lichi Fuentes 10/22/05	Michael Wolff 12/3/05	Patrick Ball 1/14/06	Crooked Jades 2/4/06	Eth-Noh- Tec 3/18/06	<b>Kitka</b> 4/8/06	Nijinsky Speaks 5/27/06	# Ordere	Price Each	Cost
SUBSCRIPTIONS:	please check	which show	s you wish to	see						
6-shows: GA									X \$123	
6-shows: S/S									X \$99	
4-shows: GA									X \$85	
4-shows: S/S									X \$68	
INDIVIDUAL TICKE	TS: please r	mark the # de	sired per sho	)W						
General Admission									X \$25	

4

All performances are held at the Sunnyvale Theatre, 550 E. Remington Dr., beginning at 8:00PM.

## **PAYMENT INFORMATION**

Type of Ticket

Student or Senior

1

2

3

$\hfill\Box$ My check is enclosed, made payable to "City of Sunnyvale." Notes: 1) A \$30 $^\circ$	service charge will be applied to all r	eturned checks, and 2) No Refunds.			
□ Visa □ MasterCard Card #	Exp: 3 Digit Security Code (from back of ca				
Name on Card:					
Signature:					
Mailing Street Address:					
Phone #:	City:	State: Zip:			

☐ Please mail my tickets to the address above. (This option not available for orders received fewer than 10 days before first performance.)  $\square$  Please hold my tickets at "Will Call."

You must provide all information requested for your form to be processed. Once completed, detach this registration form and mail to the following address along with your check or credit card information: City of Sunnyvale, Performing Arts Center, P.O. Box 3707, Sunnyvale, CA 94088-3707, or call (408) 733-6611, or fax (408) 730-7726.

# cultural activities

## See A Show In Sunnyvale!

Unless otherwise noted, all performances are at Sunnyvale Theatre, 550 E. Remington Drive, Sunnyvale. Tickets can be purchased by phone, (408) 733-6611 or in person at the Box Office two hours prior to the show or Monday through Friday, 4:30-6:30 p.m.

Sunnyvale Theatre is an intimate 200-seat neighborhood venue conveniently located at the Eastern end of the Sunnyvale Community Center. Plenty of free parking is available in the lot off Michelangelo, adjacent to the theater.

## **Evenings of Cultural Arts**

15th Anniversary Season (Information & Tickets: 408.733.6611,

more information at sunnyvale.ca.gov/arts)

Lichi Fuentes	10/22
Michael Wolff & Impure Thoughts	12/3
Patrick Ball	1/14
Crooked Jades	. 2/4
All shows at 8 p.m.	

Tickets \$25 general • \$20 students and seniors

## **California Theatre Center**

(Information & Tickets: 408.245.2978, more information at www.ctcinc.org)

Dear Mr. Henshaw	0/26 — 11/10
Frog and Toad	1/12 - 11/22
Elves and the Shoemaker	11/28 - 12/2
Best Christmas Pageant Ever	2/5 - 12/16
Canterville Ghost	1/7 — 2/3
Adventures of Pinocchio	2/6 - 3/3

Weekdays 9:30 & 11:30 a.m., Saturdays 11:00 a.m. Advance tickets \$8.50 weekdays, \$11 Saturdays • At-the-door tickets \$9 weekdays, \$12 Saturdays • Tickets on sale in advance by phone (408) 245-2978 and at the door 30 minutes prior to show

## **Sunnyvale Community Players**

(Information & Tickets: 408.733.6611, more information at www.sunnyvaleplayers.org)

	•	•	•	٠,	
City of Angels				10/28 —	11/20
Anne of Green Gables				2/17	<i>- 3/12</i>

Friday & Saturday 8 p.m., Sunday 2:30 p.m., Thursdays 7:30pm Tickets \$20 general • \$15 students, seniors, and all seats Thursday

## Institute for the Study of Western Civilization

(Information & Tickets: 408.864.4060, more information at www.westernciv.com)

Tickets \$25 in advance only

"The Matrix" by Dan Dykes, 1984, part of the City of Sunnyvale's Permanent Art Collection

"Untitled" by Richard Deutsch, 1999, owned by Carr America, Ltd, and is part of Sunnyvale's Art in Private Development Program

## Sunnyvale Swim Complex at Fremont High School 1283 Sunnyvale-Saratoga Road Sunnyvale, CA 94086 (408) 732-2257 www.calsportscenter.com



The California Sports Center is a one to offer a wide range of aquatics programs to soit too needs of swi more soft all ages and abilities. The broad new Fremont High School need is an Olympic size 50 meter by 25 yard esol. The facility also includes a brand new pool house with the controllers, a training reconfined munity plasses are noncours amonities.



## Swim Lessons



Our winter swint lesson program begins in November, During the winter, we offer semi-private tlessons. Semi-private classes are limited to three students per instructor, Our lesson progression system allows swimmers to team skills at a fun and comfortable page. Classes are available Monday-Suthmay.

## SpringSessions

November December January Pebruary

## Youth Lessons

Classes are held Mon-Fri from 2:25 and 7:30 pm and on Saturdays from 9:30-1:00 pm. A variety of levels and classes are scheduled within this time. Students can sign up for as many days of the week that they would like.

## Adult Lessons

Classes are available for adults of various levels in the evenings and on Saturdays. Beginner and Intermediate classes are available.

## Competitive Development Group

These classes are for swimmers looking to prepare their swimming skills and prepare to swim on a team. Practices are offered Mon/Wed and Tues/Thus affermoons.

All swim classes are held rain or shine!!!

## Adult Lap Swim

Adults and high school students with school 1D are welcome to participate in adult lap swim.

Mor. Fri. 6:00 8:00 A.M. TES0 TES0 PM - 6:00 8:00 PM | SatSun - 8:00 TE00 AM

	Resident	Non resident
1.5 soviru pass	542.00	\$52.00
Morthly pass	550.00	860.00
Draw In	55.00	\$7.00
Senior Pass	S 90.00	\$40.00



## Water Polo Youth and Adults



Come to a part of this exciting steet. Our program, which is a part of HSA Water Prin, offers top notch econhing for bagringers as well as advanced players. No experience is required.

## Winter Session Starts in November High School Program

Our high schung program is designed finggirls and boys who have played competitive water path. The program includes practice, somernages and possible transament play. Separate girls and possible transament play.

## Age Group Polo

Our age group program is designed for participants ages 14 and under. The program offers practices, sommoniges and potential tournement play. This is a coverlightout.

There will be an informative meeting about the winter program field in face November. The meeting will take place at the Surmyvale Swim Complex. For more information about this contact the pool.

## Adult Drop-Iu

We ofter drop in polo for players 18 and older who wish to play. Drop-in fee and montaly fees are accepted.

Mon/Wed 8:00-9:30 PM



## Sunnyvale Masters Swim Team

Our program is available to swimmers who are locking for a structured workout. The team consists of a wide variety of swimmers, novice to national level. The team is part of Pacific Musiers, and participates in competitions, open water swims, trialblons, and more. Participants are not required to compete

| Workout Schedule | Mon/Wed Fri | 6:15-7:30 AM | | Monday-Friday | 11:45-1:00 PM | | Tues/Thurs | 6:30-8:00 PM | | Sat | 8:00-9:30 AM |

# sunnyvale facilities

unnyvale's facilities and their beautifully landscaped surroundings are some of the most competitively priced in Silicon Valley—being conveniently located between San Francisco to the north and San Jose to the south.

We have accommodations to fit almost every need; from small meeting rooms and picnic areas that can be enjoyed by as few as 15 people, to state-of-the-art, internet-ready conference rooms that can seat 300 guests or clients. You can hold your company meeting in our 200 seat Theater, your team building session in our Sports Center, or have your wedding reception in one of our fully-equipped banquet facilities—the possibilities are limitless.

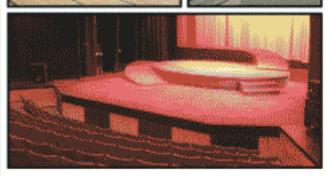
Call today for more information; (408) 730-7751.

For a map of Sunnyvale Parks, Community Center, and Golf Courses, see page 44.











Facilities Reservations Office Mon-Fri 1:00-5:00pm • Ph: (408) 730-7751 • Fax: (408) 730-7754 sunnyvale.ca.gov/recreation 550 E. Remington Drive • P.O. Box 3707 Sunnyvale, CA 94088-3707

Pursuant to the Americans with Disabilities Act, the City of Sunnyvale will make reasonable efforts to accommodate persons with disabilities. If you require special accommodations, please call (408) 730-7751,TDD (408) 730-7501, at least five days in advance of the program or activity.

# 5 parks-at-a-glance

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	8	×	0		Bis Peh	2.57	1279 Sunnyvale-Seratoge Road (408) 732-2257
	*B	×	0		Guzeko, Spray Paul Cocket Pitch	18.DK	Surnyvale Middle School Pool
Panema Park 756 Dartshire Visy	<u> </u>	×				4.91	(405) 738-0770
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San Antonio Park 1026 Astorie Dr.	9					5.8	(408) 730-7350
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## **Community Organizations**

All of the organizations listed here provide recreational opportunities for persons with specific interests. If you have a particular interest in any of the wide variety of activities presented below, you are invited to contact the organization's representative and obtain information on becoming a member. These organizations provide a valuable service to Sunnyvale, and the Parks and Recreation Department encourages your participation as an active member.

Community Partners	Representative	Phone
Friends of the Sunnyvale Library	. Iris De Vere	(408) 732-7242
Nova Vista Symphony	. David Richards	(650) 726/0483
Bellswingers Square Dance Club	. Marvin Wahl	(408) 739-3977
Single Squares of Sunnyvale	. Joe Carboni	(408) 996-0174
Sunnyvale Art Club	. Lucy Marcoux	(408) 605-9579
Sunnyvale Community Players	. Evelyn Schinski	(408) 732-2311
Sunnyvale Garden Club	. Nellie Durand	(408) 296-3805
Sunnyvale Historical Society & Museum	. Elizabeth Koning	(408) 738-1763
Sunnyvale Photographic Club	. Susan Schwamkrug	(408) 306-1441
Sunnyvale Singers	. Linda Shonk	(408) 525-8603
Senior Clubs		
Bayview Senior Citizens	. Arlyne Ross	(408) 736-3681
Sunnyvale Senior Citizens	. Dolly Torres	(408) 734-3591
Unique Boutique	. Helen Jurado	(408) 243-7832
Sports Clubs		
Sunnyvale Badminton Club	. Jason Chu	(650) 527-4721
Sunnyvale Gymnastics Club	. Diane LoPresto	(408) 243-4426
Sunnyvale Judo Club	. Dave White	(408) 371-1449
Sunnyvale Lawn Bowls Club	. Dorie Mendoza	(408) 736-7383
Sunnyvale Swim Club	. Bob Wedig	(408) 235-9874
Youth Sports Leagues		
Baseball		
Lakewood Pony Baseball	. Bob Greene	(866) 895-9841
Metro Little League	. Jeff Farrell	(408) 243-0136
National Little League	. Sharon Zolezzi	(408) 720-1809
S'vale/Cupertino Pony Baseball	. Art Downs	(408) 996-0503
Serra Little League	. Kevin Fitzpatrick	(408) 736-5395
Southern Little League	. Doug Warmke	(408) 732-9831
Football		
POP Warner Football	. Jose Ruelas	(408) 586-9496
POP Warner Cheerleading		
Soccer		. ,
American Youth Soccer Org	. Renee McCain (408)	739-AYSO (2976)
Sunnyvale Alliance Soccer	,	, ,

More information about these clubs can be found online at: sunnyvale.ca.gov/recreation

## **Sunnyvale Parks & Recreation Phone Numbers**

I HOHE MUHINEIS	
Administration (	408) 730-7517
After-School Programs (	408) 730-7350
For Youth & Teens	
Class Registration	
General (	408) 730-7341
Golf	see page 33
Tennis (	408) 732-2130
Creative Arts Center / (	
Performing Arts Center	
Art, Theater, Dance, & Specia	al
Interest Programs	
Facility Reservations (	408) 730-7751
Park Buildings, Picnic Sites,	
and Dage Dagela	
and Room Rentals	
Monday thru Friday: 1pm-5pi	m
Monday thru Friday: 1pm-5pi	408) 730-7350
Monday thru Friday: 1pm-5pi General information (	<b>408) 730-7350</b> n
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi	<b>408) 730-7350</b> <i>n</i> 408) 730-7350
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center (	<b>408) 730-7350</b> <i>n</i> 408) 730-7350
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center ( Parks	408) 730-7350 n 408) 730-7350 408) 730-7506
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center ( Parks ( Park Maintenance	<b>408) 730-7350</b> <i>m</i> <b>408) 730-7350</b> <b>408) 730-7506</b> <b>408) 730-7624</b>
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center ( Parks ( Park Maintenance Pre-School Programs Info (	<b>408) 730-7350</b> <i>m</i> <b>408) 730-7350</b> <b>408) 730-7506</b> <b>408) 730-7624</b>
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center ( Parks ( Park Maintenance Pre-School Programs Info ( Senior Center	408) 730-7350 m 408) 730-7350 408) 730-7506 408) 730-7624 408) 730-7360
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center ( Parks ( Park Maintenance Pre-School Programs Info ( Senior Center	408) 730-7350 m 408) 730-7350 408) 730-7506 408) 730-7624 408) 730-7360 408) 733-6611
Monday thru Friday: 1pm-5pi General information ( Monday thru Friday, 9am-6pi Indoor Sports Center ( Parks	408) 730-7350 m 408) 730-7350 408) 730-7506 408) 730-7624 408) 730-7360 408) 733-6611
Monday thru Friday: 1pm-5pi General information	408) 730-7350 m 408) 730-7350 408) 730-7506 408) 730-7624 408) 730-7360 408) 733-6611

## **City Council**

Dean J. Chu, Mayor Ron Swegles, Vice Mayor Fred Fowler Melinda Hamilton John Howe Otto Lee Julia Miller Staff: Amy Chan, City Manager

## **Parks and Recreation Commission**

Robert Lawson, Chair Robert Locke, Vice Chair Howard Chuck, Commissioner Robert Kinder, Commissioner Richard Oliver, Commissioner Staff: Cathy Merrill, Assistant to the Director

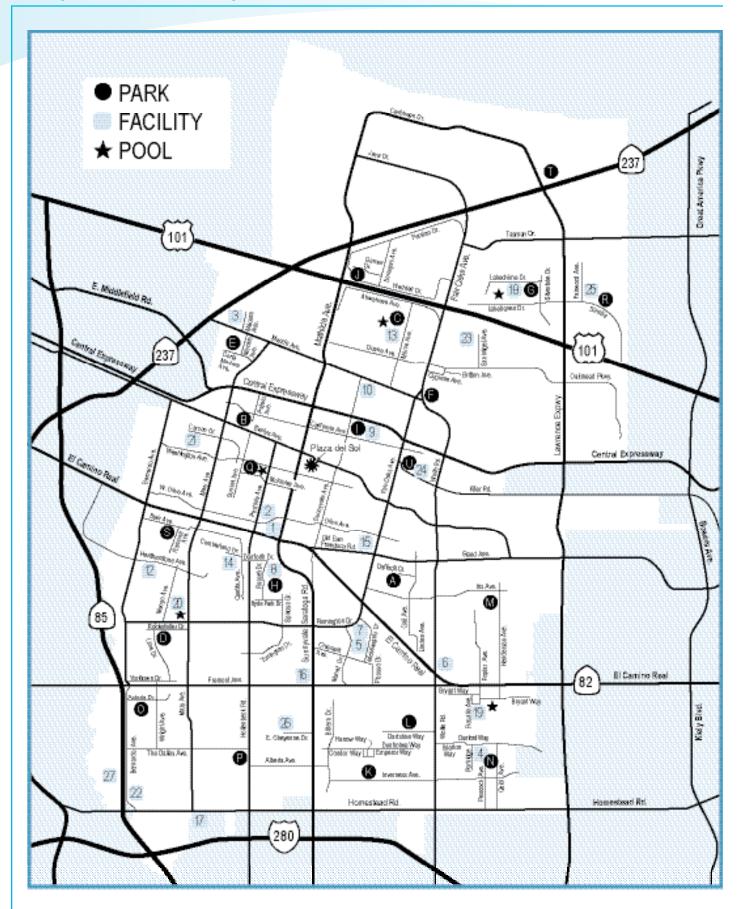
## **Arts Commission**

Monica Draganowski Davis, Chair Wallace Harper, Vice Chair Bob Obrey, Commissioner Staff: Cathy Merrill, Assistant to the Director

## **Parks & Recreation Department**

David A. Lewis, Director Curtis Black, Superintendent of Parks John Lawrence, Recreation Superintendent Nancy Bolgard Steward, Arts & Recreation Superintendent

# city of sunnyvale facilities



# parks, pools, & schools

- **Sunnyvale Parks** (408) 730-7350, or (408) 730-7506
- A. Braly Park 704 Daffodil Ct
- B. Cannery 900 California Ave
- C. Columbia Park 739 Morse Ave
- D. De Anza Park 1150 Lime Dr at Rockefeller Dr
- E. Encinal Park 999 Corte Madera Ave
- F. Fair Oaks Park 540 N. Fair Oaks Ave
- **G. Lakewood Park** 834 Lakechime Dr
- H. Las Palmas Park 850 Russett Dr
- I. Murphy Park 260 N. Sunnyvale Ave
- J. Orchard Gardens 238 Garner Dr
- K. Ortega Park 636 Harrow Way
- L. Panama Park 755 Dartshire Way
- M. Ponderosa Park 811 Henderson Ave
- N. Raynor Park 1565 Quail Ave
- O. San Antonio Park 1026 Astoria Dr
- P. Serra Park 739 The Dalles Ave
- Q. Washington Park 840 W. Washington Ave
- R. Fairwood Park 1100 N. Fairwood Ave
- S. Greenwood Manor Park Ramona & Blair Ave
- **T. Baylands Park** 999 Caribbean Dr
- U. Victory Village Park Fair Oaks & Kifer Rd

- 1. City Hall Parks & Recreation Administration 505 W. Olive Ave #115 (408) 730-7517
- **2. Sunnyvale Library** 665 W. Olive Ave (408) 730-7300
- 3. Sunnyvale Municipal Golf Course 605 Macara Ave (408) 738-3666
- **4. Raynor Activity Center** 1500 Partridge Ave
- **5. Senior Center** 550 E.Remington Dr (408) 730-7360
- 6. Sunken Gardens Golf Course 1010 S. Wolfe Rd (408) 739-6588

- 7. Community Center
  - Main Office
  - Recreation Center
  - Creative Arts Center
  - Gallery
  - Indoor Sports Center
  - Heritage Center
  - Theater 550 E. Remington Dr (408) 730-7350
- 8. Tennis Center 755 S. Mathilda Ave (408) 732-2130
- 9. Historical Museum 230 E. California Ave (408) 749-0220
- **10.Bishop School** 450 N. Sunnyvale Ave
- **12. Cherry Chase School** 1138 Heatherstone Way
- 13. Columbia Middle School 739 Morse Ave Columbia Neighborhood Center 785 Morse Ave
- **14. Cumberland School** 824 Cumberland Dr

- **15. Ellis School** 550 E. Olive Ave
- **16. Fremont High** 1279 S'vale-Saratoga
- 17. Homestead High 21370 Homestead Rd
- **18. Lakewood School** 750 Lakechime Dr
- **19. Peterson Middle Sch** 1380 Rosalia Ave
- 20. Sunnyvale Middle School & Park 1080 Mango Ave
- 21. Vargas School 1054 Carson Dr
- **22. Cupertino Jr. High** 1650 S Bernardo Ave
- **23. San Miguel** 777 San Miguel Ave
- **24. Community Services** 725 Kifer Ave.
- **25. Fairwood School** 1110 Fairwood Ave
- **26. Nimitz Elementary** 545 E. Cheyenne Dr.



# registration information

## Registration Checklist/Information

- ☐ Make sure your registration form is signed.
- ☐ Include payment: check, money order, VISA or MasterCard credit card
- ☐ Make checks payable to: **City of Sunnyvale**There is a charge of \$30 for returned checks.
- Age level in course descriptions indicates participants must be that age by starting date of the class.
- · A resident is anyone living within the Sunnyvale city limits.
- Telephone service for the deaf: To obtain general City information, call tdd/tty (408) 730-7501.
- Class registration will be accepted until the second class meeting, provided openings are available.
- For general registration information, please call (408) 730-7350.

## Mail In / Drop Off

- · Registrations must be received by October 13
- Registration for Sunnyvale residents will be processed before non-residents.
- Mail in registration received after October 13 will be processed during walk-in and phone-in registration.
- Mail registration to: Sunnyvale Parks and Recreation Dept. "Registration" P.O. Box 3707 Sunnyvale, CA 94088-3707
- Drop Off registration at:
   Drop box is in the Recreation Center lobby
   550 East Remington Drive, Sunnyvale
   Monday Friday from 9am-6pm
- · Confirmation will be sent by mail.

## Fax In

- Registrations must be received by October 13
- Fax registration to (408) 730-7754.
- Payment by fax can be made only by Visa or MasterCard
- Please include your credit card information.
- Registration for Sunnyvale residents will be processed before non-residents.
- Faxed in registration received after October 13 will be processed during walk-in and phone-in registration.
- · Confirmation will be sent by mail.

## Walk In

- Begins October 20, Monday - Friday from 9am-6pm
- Class transfers and changes will be processed beginning on this date.
- We are located at 550 East Remington Dr., Sunnyvale.

## Phone In

- Begins October 24, Monday - Friday from 10am-6pm
- Our registration number is (408) 730-7341.
- Please fill out the registration form before you call, and have your credit card (Visa or MasterCard) and Activity Guide handy.

## Additionally ...

WAITING LISTS During mail-in registration, when a class becomes full, your name will automatically be placed on a waiting list. If space in a class opens, we will notify you by telephone. In the event we cannot place you, your check will be returned to you. If you are paying for multiple classes with one check, you will receive a refund check from the City within approximately 4 weeks.

**CANCELLATIONS** The Parks and Recreation Department reserves the right to cancel a class or activity when the minimum number of registered participants is not met. Please register early to avoid class cancellations. If a class is cancelled, you will automatically receive a refund from the City within approximately 4 weeks.

**REFUND/TRANSFER POLICY** Up to 14 calendar days before the first class meeting, customers may receive a full refund. Between 13 calendar days and the day before the second class meeting, customers may:

- 1. Transfer to another class within the same class session. A \$5.00 processing fee will apply.
- Or, receive a refund in the form of a check, VISA, Mastercard (depending on method of

payment) or \*Leisure Loot. A \$10 processing fee per class will apply.

- 3. If the City initiates the transfer or refund, there will be no processing fee.
- 4. From the day of the second class meeting, there will be no refunds, transfers or credits issued.
- Refunds must be requested in person at the Community Center and you must have your receipt. There will be a \$2 charge for each reprinted receipt.
- There are no refunds or transfers for one or two-day classes and activities, trips, theater tickets, golf activities, tennis activities, food services or sports leagues.

\*Leisure Loot may be used as payment towards the registration fee of any future class. The original Leisure Loot coupon must be presented at the time of registration. Copies of Leisure Loot coupons will not be accepted. Leisure Loot may not be redeemed for cash.

## FEE WAIVER ASSISTANCE PROGRAM

Eligible Sunnyvale residents may apply to waive fees in the amount of \$250 per family member per

fiscal year. Fee Waiver resources are limited and subject to availability of funds. Fee Waivers may be used to offset the cost of Sunnyvale Parks & Recreation Department programs. This includes, but is not limited to: recreation and art classes; after school programs; senior lunch program; trips and excursions; drop-in programs such as drop-in gym, recreation swim, tennis and golf; and membership or participation fees in youth and adult sports leagues sponsored by the City. Certain limitations may apply. Sunnyvale Community Services will determine eligibility. For more information, please call the Sunnyvale Community Services Office at (408) 738-4321 or you may visit their office at 725 Kifer Road in Sunnyvale. Office hours are Monday through Friday, 9AM-11:30AM and 1PM-4:30PM.

**GOLF/TENNIS REGISTRATION**: For golf registration please see page 33, and for tennis registration please see page 37. For additional information or to be placed on the tennis mailing list, please call the Tennis Center at (408) 732-2130.

**COMMUNITY CENTER CLOSED**: The Center will be closed on 11/24, 11/25, 12/23/05-1/2/06.

Pursuant to the Americans with Disabilities Act, the City of Sunnyvale will make reasonable efforts to accommodate persons with disabilities in the provision of City services, programs or activities. If you require special accommodation in order to participate in a City parks or recreation program, please let us know when you register.

# Registration & Waiver Form for Youth & Adult Classes

Please <b>PRINT</b> the	following inform	ation:		SURVEY (thank yo	u for participating):
Participant's Last N	Name:				bout our programs?
Address:				☐ Activity Gui	
		State: Zip:		☐ Flyer	
Home Phone (	)	Ask For:		☐ Print Adver	tisement
		Ask For:		Referral	
Emergency contact	<b>\+</b> •			Returning Co	ustomer
= -		Phone ( )		Website	
		,		□ Otner	
		cial needs for this class or activity that	we should ki	now about?	
Each adult particip In addition, the sig		elow. nt or legal guardian is required for you	ıth registratio	ns.	
and discharge any and hereinafter may accrue liability arising out of or negligence or careless. I understand that acc those risks on behalf of (through negligence or further understood and assigns.  I have read and agre for public publicity. By n Check the appropri	all claims for damag to me and/or the Min connected in any wates on the part of the idents and injuries carriers and/or the above carelessness) might agreed that this wait et o the registration any signature below, I riate box(es) and	Minor named above, agree to indemnify and hold the, for death, personal injury, bodily injury or proper or against the City of Sunnyvale, its City Council, you with my and/or the Minor's participation in this deeperson or entities mentioned above. In arise from participation in this class or activity; we named Minor and to release and to hold harmly otherwise be liable to me and/or the above name arer, release and assumption of risks has been free and program policies. Further, I agree to allow use acknowledge that I have read this document and I sign:	erty damage which employees, ager class or activity, exposing the risks ess all of the pered Minor (or my/orely entered into a exposing the of my photograph understand its control of the pered with the control of the pered into a second or the pered into a second	ch I and/or the Minor nots, and volunteers from the even though that liabilities, nevertheless, I hereby resons or entities menticour heirs or assignees) and is to be binding or the entitle of the alternation.	nay have or which m and against any y may arise out of y agree to assume oned above whom for damages. It is n my/our heirs and
Signature/date			Custo	omer Number	
Print Name					
Charge my: ☐ Ma  Name of card hold  Signature	City of Sunnyval astercard \( \subseteq \cdot\) ler \( \left( \left( \subseteq \cdot\)			THE DEEP	VISA'
First Name	Birth Date	Program/Title		Class #	Program
i ii st i vaii i c	(if under 18yrs)	r rogram/ mue	1st Choice	2nd Choice 3rd ch	FAA
For office use or	nly Receipt #	Initial		Total	Fees



Fax to (408) 730-7754 by October 13, 2005



is one the world's fastest racket sports, requiring quick reflexes and superb conditioning. In a badminton smash, the shuttlecock has been timed at speeds over 200 miles per hour in top international competition. Play badminton during your lunch hour at our remodeled Indoor Sports Center. Call (408) 730-7334 for more information. In a typical two-game match, a player will run approximately one mile.

We offer many opportunities for you to challenge yourself, whether you know the game or want to learn it. Please investigate the following:

FTSA Mega Indoor Sports (7-14yrs)	pg15
Badminton (14yrs and older)	pg27
Adult Drop-In (16yrs and older)	pg32
Sunnyvale Badminton Club	pg43

# We create community through people, parks and programs.



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